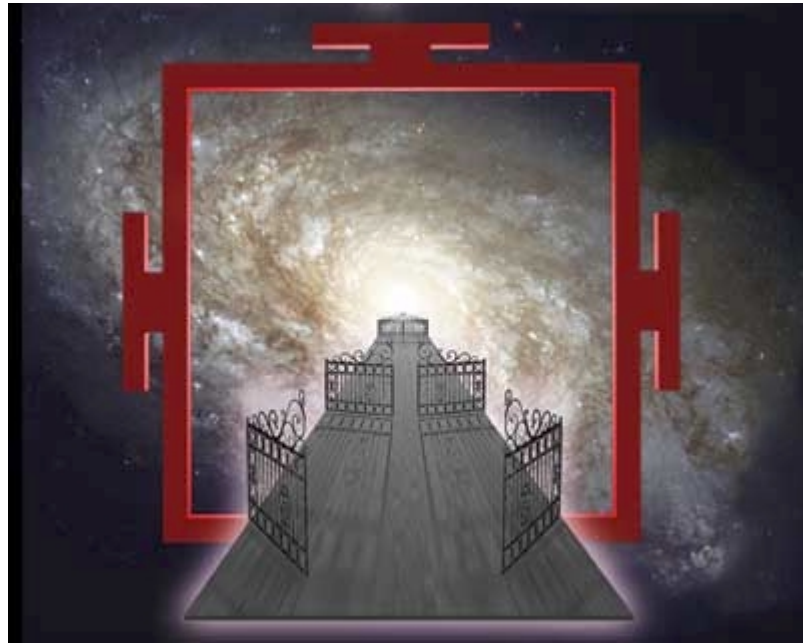


# The Esoteric Teaching®

The Science of Higher Consciousness



## Secrets of Yoga and Tantra Introductory workshop series

by David Bruce Hughes

ॐ NaMaae >aGavTae vaSaDevaYa  
*oà namo bhagavate vāsudevāya*

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## Introduction

The Esoteric Teaching is the secret system of meta-knowledge behind all authentic spiritual paths such as Yoga, Tantra, Qigong, meditation, magic and conventional religion. The extraordinary danger—and exceptional opportunity—of the present world situation has inspired the custodians of the Esoteric Teaching to approve full public disclosure of this ancient mystery school.

This historic workshop series marks the first time the ultra-high-level spiritual meta-knowledge of the Esoteric Teaching has ever been presented in public. The long-awaited revelation of this highly confidential, potent transcendental wisdom is an unprecedented event intended to initiate a quantum leap in the spiritual evolution of Humanity.

### **David's Qualifications**

The author and facilitator of this workshop, David Bruce Hughes, is not an ordinary spiritual teacher or workshop presenter, but a fully self-realized being of extremely high attainment. David is an advanced student of several different schools of Yoga, Tantra, Jyotish, Qigong, Qidoshka, Shibari, Madhyamika and other traditional Eastern spiritual paths and practices. He is also a confidential initiate of the Esoteric Teaching, the high-level mystical meta-knowledge that is both the origin and goal of all genuine spiritual paths. He brings this powerful wisdom to the public as an authorized emissary of the Elders of the Order of the Esoteric Teaching.



### **Searched for qualified spiritual teacher, 1951-1971**

David resolved at age 4 to seek the Absolute Truth and discover his eternal personal relationship with God. His lifelong quest for this high degree of self-realization led him to inquire from the most important teachers, and research into the most authentic spiritual lineages from different parts of the world. After a prolonged search for a spiritual teacher qualified to help him reach his goal, he accepted Abhay Charanaravindam De, a confidential initiate of the Esoteric Teaching, as his primary spiritual Master Teacher.

### **Initiated as *brahmana* in Brahma-sampradaya, 1975**

Abhay Charanaravindam De is externally the current *acarya* (World Teacher) of the Brahma-Madhva-Gaudiya *sampradaya*, an ancient Vedic disciplic lineage originating from Lord Brahma, the first created being in the universe. After David completed preliminary studies in *yoga*, Sanskrit, Sankhya philosophy, temple worship, devotional music and dance, and Vedic *mantras*, Abhay formally ordained David as a *brahmana* or Vedic priest. David is one of few Westerners ever to be awarded this eminent Vedic distinction.

### **High initiate in esoteric Tantra, 1983**

Because of this uncommon initiation, acknowledging his penetrating knowledge of Vedic spiritual wisdom—unparalleled qualifications for a Westerner—and the personal recommendation of his *guru*, David was invited to study at a Tantric esoteric school in

Nainital, India, in 1979. This school, situated near the source of the Ganges, is not only a fully-functional traditional Tantric community; it also safeguards a comprehensive repository of the Vedic and Tantric literatures. David was thus privileged to study both the complete theory and the esoteric practices of Yoga and Tantra at their source. His attainment in Tantra was recognized by formal initiation into *Madhyamika*, the most esoteric of all Tibetan Tantric mysteries, under the direction of the Dalai Lama in 1983.

### **Received transmission of the Esoteric Teaching, 1988**

In 1988, during prolonged deep meditation in a Himalayan cave, David received a mystical transmission of the Esoteric Teaching, the confidential meta-knowledge behind all genuine spiritual paths. This revelation, recounted in his book *Search for the Absolute Truth*, completed his education in the transcendental mysteries of spiritual life, opening to him the secret pathway to complete self-realization.

### **Completed process of self-realization, 2002**

Over the next decade, David implemented the secret practices of the Esoteric Teaching, completing the process of self-realization begun by his first initiation in 1971. This resulted in a confidential spiritual experience of the highest attainment on Kaua'i in January 2002 during a six-month solitary meditation retreat, successfully completing the quest for the highest degree of self-realization that he had begun more than fifty years before.

### **Genetically engineered to represent the Esoteric Teaching**

After his enlightenment experience, David consulted the appropriate spiritual authorities to verify his mystical achievement. At that time David was directed to return to the West and to instruct the secret methods of the Esoteric Teaching directly to the public. Formerly the theory, techniques and even the very existence of the Esoteric Teaching was a closely guarded secret known only to the highest initiates. This series of workshops and classes is, therefore, an unprecedented event intended to initiate a quantum leap in the spiritual evolution of Humanity.

The Elders of the Order of the Esoteric Teaching also informed David that he was specially bred—genetically engineered, in other words—especially to recognize, research, receive, practice, realize and implement the Esoteric Teaching in the West. The identity of David's father remains unknown—a mysterious secret taken to the grave by his mother. The strange events of David's external life, and the unique transcendental quality of his inner life, are convincing evidence that he was indeed bred especially for the task of revealing the previously secret methods of the Esoteric Teaching to the people of the world.

David is one of very few Westerners qualified to be awarded the coveted Vedic *brahmana* initiation, the only Westerner ever to be invited to study at the Tantra school in Nainital, and one of only a handful of scholars with unrestricted access to its complete Vedic archives. He also earned other esoteric spiritual titles and awards too numerous to mention from traditional Vedic Yoga and Tantra schools in India.

Despite his impressive spiritual qualifications, David does not present his own ideas in his workshops, classes and spiritual counseling. He performs his spiritual teaching and mentoring work strictly according to instructions received by direct transcendental communication with his personal Master Teacher and other great Masters of the Order of the Esoteric Teaching.

### ☞ WARNING ☞

The issues explored in this workshop are extremely profound. The presentation covers an immense range of material in a very short time. The point of view is often located in higher spiritual dimensions. The material being presented may challenge your preconceived ideas and stretch your personal spiritual and intellectual limitations. At times you may experience strong emotional reactions to the material.

Some participants may feel like the information in the workshop makes no sense, or may experience forgetfulness, short-term memory loss, or loss of comprehension of material immediately after it is presented. You may also feel tired, sleepy, yawning, distracted, dreamy, dizzy, spinny, lightheaded, intoxicated, introverted, fearful, panicky, paranoid, angry, belligerent, or rebellious. You may have a strong irrational urge to disrupt or escape from the workshop. Some participants may desire to project their negative emotional reactions to the material on the presenter or staff.

All these symptoms have one and the same cause: **you have encountered a misunderstood term or symbol and gone past it without getting it properly defined.**

Much of the terminology used in the workshop is extremely specialized, scientific or technical. The most important of these terms are in the Sanskrit language and may have no direct English equivalent. Some terms used in the workshop are so laden with significance that thousands of lines of esoteric Sanskrit codes and years of esoteric study are required to define and understand them completely.

You are strongly encouraged to observe these symptoms and note down your misunderstood terms. Please request assistance to define esoteric spiritual terminology, Sanskrit words and other technical terms used in the workshop during the question-and-answer periods. Failure to do so may make your experience of the workshop, and the value you receive from it, less than optimal.

It is very important that you understand the real cause of these symptoms, take full responsibility for their reactions and deal with them appropriately. It is not acceptable to disrupt the sacred space of the workshop in any way. The author, presenters and hosts of the workshop are not responsible for these symptoms, or the consequences of failing to define misunderstood terminology. You are fully responsible for observing when you feel any of the symptoms above, and recording any technical terms that you need to clear up.

The presenter or assistant is trained to handle these symptoms without disruption to the workshop. Please request clarification during the regular question-and-answer periods. Please notify the staff during the break if you continue to experience any of the symptoms of misunderstood terminology.

## Invocation

*oà aji āna-timirāndhasya ji ānāi jana-çalākayā  
cakçur unmélitaà yena tasmai çré-gurave namaù*

*çré-caitanya-mano 'bhéñāà sthāpitaà yena bhü-tale  
svayaà rūpaù kadā mahyaà dadāti sva-padāntikam*

“I was born in the darkest ignorance, and my spiritual master opened my eyes with the torch of knowledge. I offer my respectful obeisances unto him. When will Srila Rupa Gosvami, who established the mission to fulfill the desire of Lord Caitanya and spread the Esoteric Teaching throughout this material world, give me shelter at his lotus feet?”

## Everything you think you know about Eastern spirituality is wrong

Do you want to know the truth—the whole truth about Yoga and Tantra? Are you sure? What if you don't like what you hear? What if it challenges your preconceptions or bruises your ego? Will you accuse me of falsehood, even though I speak the truth? My whole life has been dedicated to a search for the Absolute Truth, and it has been a very hard, long road. Are you really sure you want the Truth? I guarantee it will change your life and transform your consciousness. The whole, complete Absolute Truth? OK.

One of our predecessors in our lineage of spiritual Master Teachers of the Esoteric Teaching is named Madhvacarya. When Madhvacarya was an esoteric student, he was an up-and-coming young Candidate for World Teacher of the lineage. But first he had to pass a special final test. So he was called to the Grand Master's ashram, and the Grand Master offered to initiate him into a secret *mantra*. This *mantra* is so powerful that anyone who chants it in the proper way attains liberation from material existence within six months. The only condition was that he had to agree to keep the *mantra* secret, because it was just too powerful. The Grand Master told Madhvacarya that if anyone who knew the *mantra* revealed the secret, he would go to hell.

So Madhvacarya agreed to the conditions and was duly initiated into the secret *mantra*. Then as soon as he left the Grand Master's ashram, he called together all the people he could find, and initiated them into the *mantra*. Then he was going down the street, singing and shouting this secret *mantra* at the top of his lungs. As soon as the Grand Master heard about this, he called Madhvacarya back and asked him, “Why did you reveal the *mantra*? Don't you know you're going to hell?”

Madhvacarya replied, “It's alright if I go to hell. I just couldn't stand to see all these people suffering in material existence, and I wanted to give them liberation as soon as possible. So I initiated them into the *mantra*.” Then Madhvacarya was named the next World Teacher—he had passed the test.

So, do you want this most powerful, most secret *mantra*? OK, I will give it to you. Here it is. Ready?

ॐ NaMaae >aGavTae vaSaṁdāvaYa  
*oà namo bhagavate vāsudevāya*

Now if you have faith, you don't need to hear anything more. You have just been initiated into the *dvadasaksara-mantra*, the highest *mantra*. You can all go home now; nothing more is necessary. Just walk out of here and go to a secluded place. Give up everything, remain in seclusion and chant this *mantra* nonstop for six months to a year, and I promise that you will attain the highest stage of self-realization. Is anyone ready to do that? No? Hmm.

Well then—O ye of little faith—I have good news and bad news for you. The good news is that now you know everything you need to perfect your spiritual life. If you go to the forest and do nothing but chant this *mantra* uninterruptedly with impeccably pure faith, in a few short months you can attain everything I have attained.

If you want the highest stage of spiritual realization, you will have to do this someday anyway. It took me almost 50 years to get around to doing it. Most of my fellow students still haven't done it. It's not that difficult, but it requires faith. **You obtain faith by association with the faithful.** Everything I teach you, everything I say here and in my classes, and everything I write in my books—indeed, the entire Esoteric Teaching—is just to convince you to develop the faith to give up everything and fully dedicate yourself to chanting this twelve-syllable *mantra*. How long you wait before you do it—and get the result—is entirely up to you.

This path—the Esoteric Teaching—is not a path of knowledge; it is a path of faith, a path of the heart. Yet, we find that without a certain quality of knowledge—not quantity, but quality of knowledge—transcendental knowledge, the required purification of the heart and the development of faith just does not take place. Unless and until the quality of our knowledge of spiritual life attains the transcendental stage, all our efforts in Yoga, Tantra or whatever spiritual path we pursue cannot bear the mature fruit of self-realization. In other words, our faith has to become pure. This workshop is designed to help you develop that faith.

So are you ready for the bad news? Are you sure? OK.

Every one of you has faith already. Faith is a natural quality of the soul. The problem is that your faith is impure; you have faith in something that is false, that will cheat you.

The bad news is that everything you think you know about Eastern spirituality—*yoga*, Tantra, meditation and so forth—is wrong.

Of course, this is an outrageous pronouncement. I completely understand if your first response is to protest your disbelief. When I was where you are now, before I found the Esoteric Teaching, I also would have responded in exactly the same way. But the profound revelations of the Esoteric Teaching have convinced me that this statement is absolutely true, and I will prove it to you, beyond any doubt or uncertainty, today in this workshop.

There are three main reasons why I claim that everything you think you know about Eastern spirituality is wrong:

1. You have insufficient knowledge.
2. Whatever knowledge you do possess is inaccurate.
3. It is the wrong quality of knowledge.

There are compelling reasons for these assertions, and we will explore the most important of them in this workshop. By the time we're done, I am certain that you will be thoroughly convinced that your present conception of Eastern spirituality is limited, inaccurate or just plain wrong.

Whatever has been taught in the West about Yoga and Tantra is perhaps one-tenth of one percent of what there is to know about the subject. And the commercialization of Yoga and Tantra has distorted the little that has been presented almost beyond recognition, especially when we consider the results.

But don't worry, there's more good news: this series of workshops and classes is also designed to introduce you to an authentic source of knowledge of Yoga and Tantra: the Esoteric Teaching.

The other good news is that I have a spellbinding story to tell you, a fascinating story spanning tens of thousands of years of human history. An amazing true story of gods and demons, advanced alien technology, and government cover-ups going back before the time of Christ. This will almost certainly be the first time that you have ever heard the truth about the history of the world, or the real meaning and purpose of Yoga and Tantra.

Fascinating new vistas of unprecedented spiritual knowledge will open up along the way. By the time we're done, your current perspective on spiritual life will seem like looking through a knothole in a fence. In the course of this workshop, the scope of your spiritual understanding will zoom out into a wide-angle aerial view, revealing the actions of a powerful, hitherto unknown spiritual force—the Esoteric Teaching—on the human world over the past 5,000 years. Are you ready for that?

Good! I promise that you will have at least one exhilarating moment of esoteric Self-revelation, an “*Aha!*” experience of spiritual discovery in this workshop. And by the end of this afternoon's session, you will be able to conceptualize the higher hidden levels of the spiritual path clearly, perhaps for the first time. But first we need to go over some background and define some terms, so that when I tell my story you'll know what I'm talking about, and you won't get lost or confused during the presentation.

### ***The Vedas are the context of Yoga and Tantra***

The Eastern spiritual disciplines like Yoga and Tantra do not exist as isolated bodies of knowledge. They were conceived, practiced, and their source literature was encoded in the context of an ancient civilization called the Vedic culture—or, as it is called in the *Vedas* themselves, the civilization of *sanatana-dharma*. *Sanatana-dharma* means eternal spiritual truth, the Absolute Truth or Esoteric Teaching from which Yoga and all other spiritual paths and practices are derived.

Why is context important? Because it determines how we perceive things. Perception requires a contrast between foreground and background, or content and context. Without this contrast we won't perceive anything. Imagine sitting in a black chair, in a black room with a black rug, with all the lights out at midnight on an overcast, moonless night. A black cat pads silently through the room. Will you notice it? No way. If the same black cat walks through a white room with a white rug at noon on a brilliant clear day, then will you see it? Of course.

The room is the context and the cat is the content. The contrast between content and context, foreground and background, also determines the way in which we perceive things. The same color or design appears different on different backgrounds. We have all seen optical illusions based on this principle, for example when you take your driver's eye test at the DMV.

Similarly, Yoga and Tantra appear very different in the context of the Western commercial pseudo-culture than they do in their original context of the Vedic *sanatana-dharma* civilization. The natural context of Yoga and Tantra is the Vedic civilization. The Vedic civilization, the most ancient culture on the planet, exists in the even more ancient context of the *Vedas*.

### **What are the *Vedas*?**

The Sanskrit word root *ved* means to know. Thus in the broadest sense, *veda* can signify any true knowledge meant to benefit and uplift the knower. Since the ultimate purpose of all Vedic knowledge is spiritual enlightenment, *veda* also can signify any teaching or literature expressing spiritual truth. Most often, however, 'the *Vedas*' simply refers to the collective spiritual writings of the ancient *sanatana-dharma* Vedic civilization, as well as any literature in pursuance of the purpose of the *Vedas*. And what is that?

**The purpose of Vedic civilization is to liberate Humanity from the nescience of material existence by realizing the transcendental nature of consciousness.** The fundamental nature of matter is temporary, transitory and nescient or ignorant. The fundamental nature of consciousness is absolute, eternal and spiritual. To be trapped in a temporary material body and forced to experience the constant change and uncertainty of material existence is a contradictory and uncomfortable situation for the soul. The soul, as transcendent spirit, is naturally eternal and blissful. This temporary material existence is the root cause of all our suffering.

We are pure and perfect spiritual beings. Thus we crave purity and perfection; but perfection is impossible to find in the material world, and purity is impossible to experience through the blunt material senses. The Vedic system gradually elevates the soul from the nescience of gross material consciousness to more and more subtle levels of being, until the perfect, eternal nature of pure consciousness is revealed. This process of self-realization is the aim of the Esoteric Teaching and the principle of Vedic culture.

Vedic thought accepts any truthful and ethical means in support of this goal. Thus the Vedic teaching encompasses not only religion and philosophy, but also all practical aspects of human life in alignment with its ultimate spiritual attainment. The Vedic process is balanced, providing complete material facilities such as good health, economic development, creative expression and advancement in material enjoyment, as automatic side benefits on the path to realizing the Supreme Transcendence. So we do not miss any of the advantages of human life by following the Vedic path.

### **The Vedic literatures**

The original seed of all Vedic writings is the four *Vedas*: sacred texts meant to be chanted by the priests of Vedic fire sacrifices. In these ancient rites, four priests sit around an altar of sacred fire, chanting the eternal Vedic hymns to the four dimensions of the universe.



As they chant, they offer various objects and substances through the portal of the fire, which is seen as a gateway to the spiritual world, or the mouth of God. The four *Vedas* are called *Rk*, *Sama*, *Atharva* and *Yajus*, according to the traditional titles of the priests who chant them. The disciples of these four type of priests form the basis of the four authorized lineages of Vedic disciplic succession.

The four *Vedas* are properly understood to be divine mysteries, whose esoteric meaning is beyond ordinary human comprehension. This is confirmed in the *mantras* of the *Vedas* themselves (*vedeṅu durlabham adurlabham ātma-bhaktau | Brahma-saḥhitā* 5.33). Therefore it is impossible to understand the confidential purpose of the *Vedas* simply by studying the four *Vedas* or performing the Vedic ritualistic fire sacrifices. More information and greater understanding are required.

Systematic analysis of the four *Vedas* reveals far more questions than answers. These questions are explicated in the *Upanisads*, a class of Vedic literature dealing specifically with the mysteries of the four *Vedas*. *Upanisad* means an inquiry into the ultimate questions of life, and the *Upanisads* are full of questions and answers about the hidden meanings of the four *Vedas*. There are 108 principal *Upanisads*, and hundreds more minor ones. Out of the principal *Upanisads*, nine are most important: *Sri Isopanisad*, *Mundaka Upanisad*, *Kathopanisad*, *Svetasvatara Upanisad*, *Taittiriya Upanisad*, *Aitareya Upanisad*, *Mandukya Upanisad*, *Garga Upanisad*, and *Gopala-tapani Upanisad*. The *Upanisads* contain the keys to the mysteries of the *Vedas* and reveal many of the key concepts of the Esoteric Teaching.

The *Vedas*, *Upanisads* and their many commentaries are consolidated in the *Vedanta-sutra*, which presents the ultimate conclusion of the Vedic tradition. *Veda* means knowledge, and *anta* means end or final determination. So *Vedanta* means the end of knowledge, or the ultimate realization of the Vedic spiritual path. However, the *Vedanta-sutra* is composed of *sutras*—terse codes or notes made by the author, Srila Vyasadeva, while he was in deep meditation. Therefore it is impossible to understand the real meaning of *Vedanta-sutra* without exegesis, and anyone who claims to do so is bluffing.

Fortunately, Srila Vyasadeva left a commentary on *Vedanta-sutra*, titled *Srimad-Bhagavatam*. Beginning from the first *sutra* (*janmādy asya yataū | Vedānta-sūtra* 1.1.1) *Srimad-Bhagavatam* guides the qualified student step-by-step to the actual recondite purport of *Vedanta-sutra*. *Srimad-Bhagavatam* is the greatest of the *Puranas*, a class of supplementary Vedic literatures intended for the understanding of contemporary people. *Purana* means sacred history, and the *Puranas* narrate histories—many of them quite ancient—connected with the sacred purpose of the *Vedas*. While there are eighteen classical *Puranas*, other historical works such as *Ramayana* and *Mahabharata* are often considered among the *Puranas*.

There are many other Vedic works, principally the *Tantras*, consisting of over 11,000 volumes of practical instructions on various aspects of human life in the context of spiritual realization. While it is a fact that a few of the *Tantras* discuss various aspects of human sexuality, most of them cover other subjects of applied spiritual knowledge: construction of temples and other important structures, farming and animal husbandry, diet and healing, community and family management, politics, economics and trade, etc. A smaller group of *Tantras* contains instructions for spiritual life, such as the proper

conduct of the aspirant, choosing a suitable teacher, and various techniques of *yoga*, meditation and worship.

Both the *Puranas* and *Tantras* are divided into three classifications according to the degree of spiritual realization of the reader. The classifications of consciousness and activity according to the three *gunas*, or modes of material consciousness and activity, are discussed in detail in Chapters 14-18 of *Bhagavad-gita*, the most popular and beloved of all Vedic works. Briefly,

The *yogis*, *brahmanas* and Vaisnavas are in the *sattva-guna* (mode of goodness) under the protection of transcendental devotional service to Lord Visnu.

The *karmis* or fruitive workers in the *rajo-guna* (mode of passion) take shelter of conventional religion under the guidance of Lord Brahma.

The foolish living beings in the *tamo-guna* (mode of ignorance) seek the false shelter of intoxication and darkness controlled by Lord Siva.

Knowledge of the *gunas* is very important for the successful practice of Yoga, and it will be covered in detail in the ongoing class. Of all the Vedic literature, only *Srimad-Bhagavatam* stands above these classifications, as it is meant for the *paramahamsas*, or the fully self-realized beings who have mastered the Esoteric Teaching.

Finally, completing the catalog of Vedic literatures are the *Itihasas*, thousands of volumes of supplementary literature dealing with mundane history, mathematics, Sanskrit grammar, logic, various systems of philosophical analysis, astrology and other arts and sciences. All of these have commentaries by the various Vedic lineages and schools, making the complete library of Vedic literature extremely extensive.

To recap, the Vedic literature is a transcendental mystery, the accumulated spiritual wisdom revealed to Humanity through the great sages and incarnations of the ancient past, passed down as an oral tradition, divided into four sections or lineages, and also divided according to the quality of consciousness of the disciple, and written down in its present form about 5,000 years ago. The Vedic literature is composed of several classes of Sanskrit works:

Four Vedas: *Rk*, *Sama*, *Atharva* and *Yajus*

108+ *Upanisads* (questions and answers on the *Vedas*)

18 *Puranas* (histories) + *Ramayana* & *Mahabharata*

11,000+ *Tantras* on multifarious subjects

Numerous *Itihasas*, commentaries and other supplements

The Vedic literature, especially the *Upanisads*, *Tantras* and *Puranas*, are divided according to the three *gunas*, or modes of material consciousness: goodness, passion and ignorance.

*Srimad-Bhagavatam* stands above these classifications, as it is meant for the *paramahamsas*, or fully self-realized beings. Of all the Vedic works, *Srimad-Bhagavatam* is the best and most complete expression of the eternal Esoteric Teaching.

The point here is that any Vedic spiritual practice can be understood and practiced properly only in the context of the entire Vedic civilization and literature. In general, **any system or technology taken outside of its intended context becomes useless for its original purpose.** For example, if we take a computer out in the middle of the jungle where there is no Internet service provider, no telephone line, no printer and no electricity, it might make a good boat anchor but it is useless as a computer. Similarly, if we attempt to understand or practice Vedic spiritual paths, like Yoga and Tantra, outside their original Vedic context, we may get something out of them, but it certainly will not be the result they are originally intended to produce.

We will explore this point in more detail later on in the workshop. As vast and profound as they are, the Vedic civilization and literature also do not exist in a vacuum, but within the far broader universal context of the Esoteric Teaching. Just as trying to study and practice Yoga and Tantra outside the Vedic context is certain to lead to false results, any attempt to understand the Vedic literature separate from the context of the Esoteric Teaching becomes a meaningless, dry academic study in futility.

Obviously, we cannot recreate the Vedic *sanatana-dharma* civilization as it was 5,000 years ago. Therefore, we are thrown back on the context of the Vedic civilization, and that is the Esoteric Teaching. If we attempt to practice Yoga or Tantra without first studying the background philosophy of the Esoteric Teaching, we will certainly get it wrong. Teaching Yoga or Tantra without reference to the Vedic literature or the Esoteric Teaching is irresponsible, because we can understand and realize the full value and deep spiritual purpose of Yoga only within the framework of the Esoteric Teaching.

In conclusion: So far in the West, only a handful of teachers have presented the Vedic wisdom of Yoga and Tantra as it really is. The vast majority have separated Yoga and Tantra from the cultural and spiritual context in which they were created, and are meant to be studied and practiced. Like an automobile, Yoga is a vehicle, a means to an end. Where will you go with this powerful vehicle? Using Yoga just for trivial physical purposes like relaxation or weight loss is like using a 747 to go to the corner store. The real purpose of Yoga is to relieve all our material suffering and bring us to the exalted state of super-consciousness, or *samadhi*.

Similarly, the idea that Tantra is just about sex is just plain wrong. It's about like saying that Borders is a pornographic bookstore because they stock a few copies of *The Joy of Sex*. Tantra is an incredibly broad subject. Trying to practice Tantra without reading the *Tantras* first is ridiculous. I suppose some people will say or believe any nonsense to justify their sex addiction. But Tantra is much, much deeper than that. Tantra is a gateway; if you master Tantra you can travel to any planet in any dimension or universe, and transfer your existence there.

But that kind of misunderstanding is bound to happen when we take highly technical information out of context. Imagine trying to read a computer manual or a modern novel to an Amazonian tribal hunter. What kind of understanding or meaning do you think he'll get out of it? He will certainly misunderstand it. The material is based on a context that he has had absolutely no contact with. Trying to practice Yoga and Tantra without studying the *Vedas* is the same kind of thing. Understanding and apprehending the full value of these great Vedic traditions and their powerful practices requires us to place

them in the proper context, and that context is the Vedic literature and beyond that, the Esoteric Teaching.

### ***Transcendental knowledge from realized souls by disciplic succession***

The Vedic literatures are not an expression of a particular sectarian religion or academic school of thought, but the living tradition of an ancient sacred civilization—a civilization complete with a highly developed system of technology, thought and lifestyle centered on spiritual realization. Vedic culture is extremely broad, providing a rich social context inclusive of all kinds of people, and supporting all types of human endeavor and levels of intelligence, ability and spiritual advancement. The various Vedic literatures form a whole much greater than the sum of its parts. This is because authentic Vedic knowledge is not handed down by uninspired academic study, but by personal apprenticeship to accomplished masters of the Vedic arts and sciences.

One should gain a broad understanding of the entire Vedic context before attempting to study or practice any of the specialized Vedic arts, what to speak of teaching them. The best and most accessible introduction to Vedic thought is *Bhagavad-gita*, the most widely known and devotedly adored of all Vedic literature. *Bhagavad-gita* is also known as *Gitopanisad*, since it answers all the most important questions discussed in the *Upanisads*. However, one should be careful to study a translation and commentary on the *Gita* by a representative of one of the four authorized Vedic lineages. Ideally, one should study the *Gita* personally with an authorized representative of the Vedic lineage; otherwise one is certain to misunderstand the esoteric mystery of the *Gita*.

The specific qualification of transcendental Vedic wisdom is that when the teacher and student are both properly qualified, the narrations of Vedic spiritual truth are so pleasing to the soul that the more one hears, the more one's appetite to hear increases. For example, *Bhagavad-gita* may be heard or read many times, but under the proper conditions, each hearing or reading reveals newer insights into spiritual reality and inundates the hearts of both hearer and speaker with waves of fresh transcendental pleasure. This is not true of ordinary mundane literature, which upon repeated reading simply becomes stale and boring.

As stated in an ancient Vedic *mantra*, “O compassionate Lord, guide us from darkness unto light, from fear to fearlessness, from hatred to love, from conflict to peace, from ignorance to Absolute Truth. Peace, peace, peace.” Providing this empathetic spiritual guidance to all human beings without distinction is the fundamental purpose of the entire Vedic civilization. And to receive this divinely inspired guidance and open the path to eternal peace, all we need to do is accept the divine instructions of the great Vedic literature without any whimsical editing, modification or speculation. This is the complete solution for all the pressing problems of contemporary life.

The Vedic literature is written in elegant Sanskrit poetry, using strict rules of grammar and syntax—including a sophisticated checksum system similar to that used in computer data transmission—to preserve its integrity as a reference. But Vedic knowledge is far more than intellectual, academic or book learning. The Vedic arts and sciences are personally passed down from teacher to student by the strict system of *parampara* or

disciplic lineage. Teachers of Vedic arts and sciences must be accomplished practitioners of the specialized knowledge of their lineage, and also must be approved by the previous teacher before being authorized to represent the Vedic wisdom. Therefore, students of Vedic arts such as Yoga and Tantra must be sure to verify prospective teachers' credentials according to the *parampara* system before accepting any instruction from them. Otherwise you are certain to be cheated.

Like the fundamental works of any great civilization, the *Vedas* have several schools of interpretation, of which four are prominent, being authorized in the *Vedas* themselves. These four are:

The Brahma-sampradaya descended from Lord Brahma through Madhvacarya (of which I am an Initiate)

The Rudra-sampradaya descended from Lord Siva through Ramanujacarya

The Laksmi-sampradaya or Sri-sampradaya, descended from Goddess Laksmi through Visnuswami

The Sanaka-sampradaya or Kumara-sampradaya, descended from the four Kumaras through Nimbarka Acarya

Each of these four authorized Vedic lineages has a distinctive style of interpretation and a complete library of commentaries upon the Vedic literature. Other more recent schools, such as Sankaracarya and his followers, are considered spurious, unauthorized, and are best avoided by the sincere student who seriously wishes to understand the esoteric meaning of the *Vedas*.

In summary, anyone who seriously desires to understand the Absolute Truth and realize the Esoteric Teaching by means of the *Vedas* must approach a spiritual Master Teacher situated in one of the four authorized Vedic lineages, and earn acceptance into a bona fide Vedic esoteric school. Otherwise there is no possibility of understanding the Vedic path properly. If you want to study Yoga, Tantra or any of the Vedic arts, the first thing you should ask your teacher is if they have taken initiation from any of the four Vedic disciplic lineages—and if so, which one. Without this initiation—and the years of strict training required to earn it—they cannot possibly represent the Vedic conclusion accurately. The four Vedic authentic lineages go back thousands of years to Vyasadeva. Others are of recent invention, and are not authorized by the *Vedas* themselves.

### ***Disciplic succession system has been broken***

The various specialized branches of Vedic knowledge, such as *ayur-veda* (medicine), *gyotir-veda* (astrology), *dhanur-veda* (martial arts), *hatha-yoga* and *natya-sangita* (dance and music) can be understood properly only within the larger framework of the entire Vedic heritage. All Vedic arts operate within a broad context of spiritual realization, using certain background assumptions exclusive to Vedic thought. To study any branch of Vedic wisdom in isolation from its cultural context virtually assures distortion of its meaning, misunderstanding of its instructions, and consequent failure to achieve the highest aim of its practice.

The most prominent example of this is *hatha-yoga*. Usually presented in the West simply as an exercise form, the actual practice of *hatha-yoga* consists of eight sequential stages:

*yama, niyama, asana, pranayama, pratyahara, dharana, dhyana* and *samadhi*. To teach *asana* without the prerequisites is irresponsible. Practicing *asana* and especially *pranayama* without *yama-niyama* will not lead to the intended result—*samadhi* or complete cessation of material misery and the attainment of *cit-sakti* or transcendental bliss—and may actually harm the unwary student. For example, part of *yama-niyama* is to understand that the practice of Yoga has eight steps, and that the aim is *samadhi*. How many of you have heard this in your Yoga class? Thus before entering the study of any branch of Vedic wisdom, one should clearly understand the entire cultural context of which it is a part.

Similarly in authentic Vedic spiritual culture, sexual Tantra is considered a very advanced and dangerous practice. The actual Tantric esoteric schools are secret, and students can enter the school by invitation only. No one is invited to study Tantra in India unless they are highly qualified in Vedic wisdom. Qualified candidates for Tantric study must have mastered at least two or three of the Vedic spiritual arts, such as Sanskrit, chanting *mantras*, temple worship, devotional music and dance, Vedic ritualistic ceremonies, Sankhya philosophy and so forth, and be accepted as a qualified *brahmana* before being considered. A *brahmana* is someone who has realized the *mantra* ‘*aham brahmasme,*’ or ‘I am an eternal spirit soul, a pure conscious entity different from my material body and mind.’

The prospective Tantrika must study the *Tantras*, preferably in the original Sanskrit language, and grasp their deep esoteric purpose. They must also be accomplished in the practice of sense control, including celibacy. Only such a highly qualified and self-realized person is able to practice Tantra successfully. Anyone who attempts to practice sexual Tantra without these qualifications will certainly fail. The actual practice of Tantra must be performed under the close supervision of a highly self-realized spiritual master, as mentioned in the *Tantras* themselves, or his false practice of Tantra will consume him and destroy his spiritual life.

Very few teachers of Vedic self-realization practices in the West today are initiates or authorized representatives of the four Vedic disciplic lineages. Nor do teachers of *hatha-yoga*, Tantra and meditation reveal to their students that the techniques they are teaching are only partial, and that the methods are substantially altered from the original. They fail to make the original Vedic source literatures of their spiritual disciplines available to their students, and they do not disclose that they have removed their techniques from the original cultural context for which they were designed. They do not inform their students that the results of practicing their partial, altered teaching cannot possibly be the same as practicing the original teaching in the proper Vedic context. Nor do they follow the message-transmission and error-correction protocols given in the *Vedas* to prevent alteration of their spiritual message, which we will discuss and demonstrate in detail later on.

All these factors virtually guarantee that the Vedic practices taught in the West today will not produce the original result for which they were intended. Yet despite this, the modern purveyors of derivative Vedic techniques retain the original name, such as Yoga, Tantra and meditation, even though their teachings have little or nothing to do with the original practice. This is an old salesman’s trick called ‘bait and switch’: offer the customer a product of great value for little cost, then substitute an inferior item without the

customer's knowledge. If you go for this, you are considered a mark, a dupe, a fool. Wanna buy a bridge in Brooklyn?

Almost all Western presentations of Vedic subjects like Yoga, Tantra and meditation are commercially motivated, detached from their original source materials, subject to government disinformation and other interference, are not linked with the four authorized Vedic disciplic lineages and do not use the Vedic error-correction system in transmitting their teachings. Is it any wonder that presentations of the Vedic arts in the West have become distorted? In fact, they are almost unrecognizable.

## **Error correction in spiritual teaching**

Spiritual teaching involves passing a communication or message from a higher source to a lower recipient. By definition, the spiritual Master Teacher is more highly developed, and the student is less developed in consciousness. To help the student progress, the teacher must communicate the message of the Esoteric Teaching to the student. Let's examine the process of communication. Communication involves taking an idea or concept in one person's mind, encoding it into some language or other system of representation, and writing it down or speaking it to another person. The recipient hears or reads the message, decodes the language and ideally, is left with an idea or concept identical to the speaker or originator of the message.

Of course, we all have experienced that the process of communication rarely goes so smoothly. Any error in a message can render it useless, or even dangerous. If a long mathematical formula or calculation has even one small error in the beginning, the result will be completely erroneous. Similarly, the Vedic spiritual process is precise and scientific. Any error in understanding the process or its application will make the result deviate from the original intention. To attain the result, the teacher's communication of the message of the Teaching must result in an exact duplicate in the student's mind. If the student begins working with a corrupted copy of the Teaching, the result will be useless.

### ***Duplication, understanding, contemplation and realization***

Here is how the process of realizing the Esoteric Teaching is supposed to work. The process of spiritual realization has four stages: **duplication, understanding, contemplation** and **realization**. After accepting that the pursuit of the Absolute Truth is the purpose of human life, the sincere Candidate approaches a Master Teacher—an authorized source of this Teaching—and receives precise knowledge of the Absolute Truth. The student can also refer to the literature of the Esoteric Teaching to verify that the teacher is presenting it accurately and to reinforce the information in his own mind. This is called **duplication**.

Then by a long process of practice, experimentation, observation and inner debate, the student can verify and unify the dynamic elements of this transcendental knowledge, and figure out why it is the way it is. The student must ask himself, "How can it be that this Teaching is correct?" and work out the inner logic of the Teaching for himself. This is called **understanding**. Next, the student admires the beauty of the Absolute Truth, and meditates upon the essence of his perfected understanding; this is called **contemplation**.

Prolonged contemplation of the Absolute Truth leads automatically to the fourth stage of actual Enlightenment or **realization**.

Realization of the Absolute Truth is of three types or in three distinct stages: Brahman, Paramatma and Bhagavan. Each stage has its own well-defined array of yogic techniques—that we will cover in the ongoing class—performed in the context of a standard esoteric philosophy. All these techniques develop into the various spiritual perfections by applying the four basic functions of the intelligence—duplication, understanding, contemplation and realization—to the transcendental subject matter. The proper use of intelligence is thus the first and the last word in the process of searching for the Absolute Truth.

To use these methods of approaching the Absolute Truth effectively, one must first mentally record or duplicate the background philosophy of the Teaching. That is, one must read or hear about this philosophy from one who understands it properly, both in theory and in practice. One should hear so nicely that one can repeat and explain the philosophy perfectly, almost like a tape recorder. As far as possible, one must make an exact mental copy of the philosophy of the Teaching.

This is the standard of duplication. Unless we duplicate the information about the Supreme Absolute Truth, how can we think about it properly? If we start thinking with an imperfect copy of the information, even if we reason perfectly we may reach a spurious, deviant conclusions. If one performs ten pages of mathematical calculations perfectly, but makes a mistake in the procedure, the result will be incorrect. So to be successful in our reasoning about the Esoteric Teaching, we must start with a perfect duplicate of the original Teaching, then mature our understanding through understanding, contemplation and realization.

### ***Western education uses error correction: tests and reports***

The Esoteric Teaching maintains accurate duplication in the transmission from teacher to student by using an error-correction protocol. We have experience with error-correction protocols. Anyone who has connected to the Internet with a modem has used an error-correction communications protocol without even knowing it. Also, in ordinary Western materialistic education, a great deal of information is transmitted from the teacher to the student. How can the teacher be sure that the student has received an accurate copy of the information? By questions, quizzes, tests and reports. If the student gets a high grade on the test, it indicates that the information has been transmitted accurately. If the student fails the test or has trouble answering the teacher's questions in class, this indicates that a problem with duplication of the information needs to be resolved. Thus the real purpose behind tests and quizzes in Western academics is error correction of duplication.

Reports serve a similar purpose, but indicate that the student has understood the subject well enough to think independently. This level of understanding is a more advanced stage than simple duplication of the subject material. Especially at the University level, education is designed to produce an understanding of the subject enabling the student not only to think independently without distortion of the subject, but also to perform research and make a unique individual contribution to the field.



If this is true in mundane education, how much more so in spiritual life? What is at stake is not merely one's material career, but one's eternal spiritual destiny. Therefore, the Vedic lineages of the Esoteric Teaching use a sophisticated error-correction protocol to ensure that the teaching is passed down accurately from teacher to student. This system has proved accurate over many thousands of years. Let's see how this works by comparing the accuracy of a message transmission with and without using an error-correction protocol.

### ***Demonstration: Game of Telephone***

Two teams of five volunteers each are invited to the front of the room.

#### **Standard team rules**

- First person reads message silently
- Whispers message to next person
- Last person repeats message aloud
- Compare to original

#### **Error-correction team rules**

- First person reads message silently
- Whispers message to next person
- Next person copies message on paper
- Show copy to previous person
- Compare original with copy
- If same, pass on; if different, correct
- Last person repeats message aloud
- Compare to original

### **Conclusions**

This exercise demonstrates that an error-correction protocol is required for accurate transmission and duplication, even of a short message. The Esoteric Teaching is a very complex and subtle message, requiring many volumes of Vedic Sanskrit codes for its complete expression. Certainly, without some form of error correction, there is no possibility of this great message being transmitted without error.

The Esoteric Teaching uses two types of error-correction protocols: literary and instructional. The literary error-correction protocol uses a specific message header called a *mula-mantra* to signify the beginning of a *mantra*, or transcendental message. The *mantra* itself is encoded in the form of Sanskrit sacred poetry. Each line of poetry is written in a meter having a specific number of long and short syllables. The sum of the long and short syllables must equal a predefined value for that meter. After hearing the *mantra* the student must be able to copy or repeat it perfectly. This prevents duplication errors in copying or transmitting the *mantra*, even in situations where modern publishing technology is unavailable and the message must be copied by hand.

The instructional error-correction protocol relies on another feature of Sanskrit sacred poetry, which in this mode has at least seven distinct levels of esoteric encryption. The teacher can assess the student's level of realization by asking for an analysis of the meaning of the *mantra*. The student's response will indicate how deeply he has been able to realize the esoteric meaning of the *mantra*, which can only be decrypted by personal experience of self-realization. The teacher then awards the student a degree of initiation appropriate to the level of self-realization he has actually attained. This is the principle of an authentic esoteric school. Of course, this also means that the level of understanding of the student is limited by that of the teacher. This is all the more reason to search for a fully self-realized Master Teacher.

In the school of the Esoteric Teaching, the student is able to verify that what the teacher says is identical to the written message in the Vedic literature. The teacher examines the student to make certain that he has duplicated the Teaching properly before awarding initiation or authorizing him to teach others. We will use all these error-correction methods in the ongoing Esoteric Teaching class.

Western Tantra and Yoga schools claim that their teachings are based on the ancient Vedic tradition. Then why are their teachings and practices—and especially their results—different from the ancient traditions they claim to represent? Western Tantra and Yoga schools use no error-correction protocol. Since they are just commercial businesses, not esoteric schools, anyone can attend their classes simply by paying for them; there are no prerequisites or other entry requirements. The teachers are not initiates of any authorized Vedic lineage. They do not check the understanding of their students according to the esoteric principles, and the students do not get initiation or the approval of their teachers before passing on the teaching. Often, students mix the ideas of several teachers when they begin to teach their own classes. Therefore, Western Tantra and Yoga schools are not faithful to the original Vedic version of their disciplines. So how can they deliver the powerful results of actual Yoga and Tantra? The answer is simple: they can't and they don't.

ॐ NaMaae >aGavTae vaSaDwaYa  
oà namo bhagavate vāsudevāya

## Government disinformation programs

Any study of how Vedic wisdom is transmitted in the modern world is incomplete without an analysis of the effect of government policy on the Vedic teachings. The Esoteric Teaching is the Absolute Truth. However, as anyone who has studied political science well, or has a realistic view of history knows, governments lie. They lie to each other, they lie to their citizens and they lie to themselves. Knowledge is power, and secrets are more powerful than public knowledge because your enemies don't know them—you hope. My Shaolin Taoist Master always taught his students never to be proud or display their martial prowess unless absolutely necessary. He was fond of saying, "A hidden sword is twice as sharp." Ah-so.

Most people today understand that governments keep secrets and lie, but few people realize how deeply they keep their secrets, or how pervasively and consistently they lie.

For example, most people can understand that our government might lie to keep a new weapons system secret. But it is more difficult to understand why our government might lie to keep the existence of Vedic culture, or the original and complete Yoga knowledge a secret; or that they might allocate significant resources, and manipulate or even harm their own citizens if they thought it necessary to accomplish this objective. But what if these two seemingly unrelated matters actually have something in common?

Without getting too deeply entangled in speculative, paranoid conspiracy theories, consider this: It is common knowledge today that the government has a longstanding policy of denial of its knowledge of UFOs and extraterrestrial beings. Reports of UFO sightings by qualified military observers are hushed up, and any credible civilian reports are ridiculed and debunked by an extremely broad and effective campaign of disinformation and media manipulation.

What most people don't know is that the same Vedic literatures that describe the spiritual practices of Yoga and Tantra also describe space travel, life and civilizations on other planets and in other planetary systems, smart weapons, intelligent computers and other advanced technology. As we have already discussed, Vedic culture also has advanced knowledge of technology for data integrity, encryption and messaging protocols equal to or better than modern information science. In fact, Vedic culture has used these techniques to transmit the transcendental message of the Esoteric Teaching from generation to generation for thousands of years without any change. And governments like to manipulate information to suit their agenda. So is it clear now why the government might not want its citizens—might not want us—to know about this?

Every Western government since ancient Rome has portrayed itself to its people as the most advanced, the most powerful, and the originator of every great idea. The founders of every revolutionary government rewrite history to suit their sociopolitical views and agenda. This is a normal part of the culture of political power. Can anyone name a modern government that did not take power by revolution?

The Western government disinformation campaign against the Vedic civilization and its spiritual wisdom has been going on for a very long time. The Roman government burned tens of thousands of Greek manuscripts. We know of their existence only because they are mentioned in surviving Greek works—and their destruction was proudly recorded in Roman historical records. The Romans also burned the Library of Alexandria, the greatest repository of esoteric wisdom in the ancient Western world, and killed all the scholars and monks who knew its arcane secrets. Why? To cover up the fact that the Greeks knew certain important concepts and ideas long before the Romans got around to discovering them, and that the Greeks had borrowed many of these ideas from the far more ancient Vedic civilization. The Romans wanted to take the credit, so they simply erased any part of history they didn't like. And that was just the beginning.

Later, Emperor Constantine declared Christianity the official religion of the Roman Empire. He convened the Council of Nicea in 312 AD to consolidate and standardize the faith. He also sent Roman legions to destroy the Library of Alexandria a second time. His objective in standardizing Christianity was not to teach the Absolute Truth, but to unify his fragmented, disintegrating empire. Therefore, he determined which books and teachings would be included in the Catholic Bible solely on the basis of their political

merit, and that they should be comprehensible and acceptable to any Roman citizen, most of whom were ignorant, unintelligent and materialistic.

The result was that the details of Jesus' esoteric teachings on reincarnation, vegetarianism and meditation are totally absent from the Bible. Christian fundamentalists argue that the Bible is the literal word of God. But we have no original manuscript of any of the books of the New Testament earlier than the Council of Nicea. And the earliest manuscripts we do have are fragmentary—and they all disagree. We know nothing of Jesus' life from his bar mitzvah at age 12, until his initiation by John the Baptist. Fortunately, historical records of Jesus' journey to India were preserved in a Buddhist monastery in Kashmir, but these are not accepted by the Christian establishment—not even by the Protestants who claimed to reform the corrupt Roman Church. And the monastery itself was destroyed during the recent ethnic violence in Kashmir.

I'm going to skip over the genocidal atrocities of the several Muslim invasions and occupations of India, since these were obvious attempts to destroy Vedic culture that did not make much use of disinformation. But let's focus on the British government policy in India. During their 150 years of colonial rule in India, the British set up a brutal program of feudal economic exploitation—the British East India Company—that involved a sophisticated disinformation campaign against the Vedic culture. The British borrowed a pejorative racist term—Hindu—from the Muslims who had invaded and oppressed India, and attempted to destroy Vedic culture in medieval times. Around this bastard term they synthesized a counterfeit polytheistic religion—'Hinduism'—despite the fact that in all the tens of thousands of volumes of Vedic works, the Persian word 'Hindu' is never mentioned, even once. They forced the acceptance of Hinduism on the Indian people by establishing a state-run vocational educational system to prepare Indians for civil service in the British colonial government. The British schools and colleges required students to accept Hinduism and parrot the party line—that the Vedic civilization is 'mythology'—as a requirement for graduation and well-paid government jobs. As a result, after more than a century of British occupation, the most highly educated and influential Indians all accept this nonsense Hinduism.

As Hitler once said, "A lie repeated often enough becomes truth." The governmental cover-up of Vedic civilization thus goes all the way back to the Roman government of the pre-Christian era, and it continues unabated today. If we look at the approved textbooks for courses on world religion and culture taught by our government-accredited schools and colleges, we find that they all follow the British party line promoting the false, concocted Hindu religion, and ignore the actual Vedic culture as if it never existed. The same textbooks give credit for inventing the decimal system of numerals to the Persians, when in fact it was in wide use in the Vedic civilization thousands of years earlier. This is as unconscionable as it is unethical.

Current covert government policy and standard operating procedures also include issuing visas to Indian spiritual teachers on a preferential basis, covert intelligence infiltration of groups that present the truth about Vedic culture, economic manipulation of their organizations, and intimidation of their leaders and members. Do you think that this 3,000-year-long program of government propaganda and disinformation might have influenced the quantity and especially the quality of information available in the West about the Vedic culture and its teachings? Due to government disinformation, it is very

difficult to obtain truthful and unbiased information about any aspect of the Vedic culture.

Materialistic governments are always afraid of authentic spiritual knowledge. They are afraid of the mystic power of the enlightened mind. They do everything in their power to keep people asleep in material consciousness, because sleeping people are easier to manipulate and control. Religious intolerance and violence can be hidden by an illusion of fine words, dazzling entertainment and pervasive media promising a free society of unlimited material sense enjoyment—bread and circuses for the sleeping masses. Literal-minded materialists see esoteric knowledge as dangerous. The Absolute Truth is the ultimate threat to those who maintain a precarious hold on their wealth and power by lying as a lifestyle.

## **A short history of the universe and everything**

There are as many versions of ancient history as there are cultures and historians; however, none of them record events older than about 5,000 years ago. Vedic history goes back beyond 5,000 years, but due to the disinformation campaign mentioned above, it is not accepted as history but instead branded ‘mythology.’ Anyone who writes about Vedic history as factual cannot get published by the mainstream book industry or be taken seriously by the academic establishment. It is simply a closed subject, due to government control and covert economic manipulation of the media. So, what really did happen in the ancient past?

The British fabricated a whole phony history of India and her people. The theory of an Aryan invasion from central Asia, so common in Western books on comparative religion and archeology, is simply false. There is no hard evidence to support it. The real story of India’s history is in the Vedic literature. You can also read *Forbidden Archeology: the Hidden History of the Human Race* by Richard Thompson and Michael Cremo. Archeological explorations in India during the last 20 years have confirmed the Vedic version. Nevertheless, you will not see this information in the textbooks. It has been suppressed along with so much of the Vedic truth. Would you like to know the real truth about the history of India and our planet?

## ***The Vedic story of creation***

What follows is the factual history of the universe according to the Vedic literature. You will find in it a convincing explanation for many puzzling facts in the history of the world. It also helps explain the cause of the disinformation about the Vedic culture and the real cause of the program of cultural imperialism that seems determined to corrupt and destroy all native cultures in the world, and wipe out any trace of actual spiritual truth.

From time to time in the eternal, unlimited spiritual world, a dark cloud covers part of the self-effulgent spiritual sky. This cloud is the total material creation, and its quality of consciousness is nescience—darkness, ignorance or forgetfulness. Within this cloud, Lord Maha-Visnu lies down on the Causal Ocean and creates an unlimited number of material universes, which expand from the pores of His gigantic eternal transcendental body. Within each universe are the unmanifest dimensions, time, space and material

ingredients for an unlimited number of galaxies, stars and planets, each full of variegated life forms undergoing *samsara*: the endless round of birth, growth, hard work, suffering, disease, old age and death that characterizes material existence.

Lord Maha-Visnu again expands Himself into unlimited forms of Garbhodakasayi Visnu, the universal controller, and enters within each universe. Lord Brahma, the first created being, is born in a lotus flower that grows from the navel of Garbhodakasayi Visnu. Lord Brahma fashions the unmanifest material ingredients created by Lord Visnu into the planetary systems and other material manifestations, including the various species of life on different levels of planetary systems, using transcendental sound vibration. The planetary systems are divided into three classes: the hellish planets, earthly planets and heavenly planets. The living beings (spirit souls) in the universe transmigrate endlessly from one type of material body, planet and living condition to another based on their desire, activities and the resulting *karma*. Our current location is on an earthly planet within one of the smallest and short-lived of these material universes.

To save the living beings from the suffering of material existence and make it possible for them to attain liberation from *samsara*, the all-compassionate Lord Maha-Visnu expands the Vedic literature from His breathing. *Veda* means knowledge, and the Vedic literature contains all the knowledge the living beings require to solve all the problems of material existence and return back to their original home, the spiritual world, where they can be happy eternally. Lord Visnu reveals this transcendental knowledge to Lord Brahma, making him the first Vaisnava (son or disciple of Visnu). Lord Brahma passes the Vedic knowledge to His sons and disciples, and by their mercy they pass it down further for the spiritual benefit of all the living entities in the material universe.

There are four authorized lineages of Vedic knowledge in this universe: one descends from Lord Brahma, another from Lord Siva, the third from the four Kumaras (the mental sons of Lord Brahma) and a fourth from Goddess Laksmi, the eternal consort of Lord Visnu. We discussed these four authorized Vedic lineages earlier. The Vedic wisdom is passed down by these four lineages, which are maintained for the duration of the universal creation to enlighten and protect the living entities.

According to the Vedic wisdom, there are four historical ages or *yugas*:

Satya-yuga or the Golden Age of enlightenment

Dvarapa-yuga or the Silver Age of ritualistic religion

Treta-yuga or the Copper Age of kings

Kali-yuga or the Iron Age of quarrel and ignorance

These four *yugas* repeat in a cycle for the entire duration of the material universe. Satya-yuga lasts 3,456,000 years, Dvarapa-yuga lasts 1,728,000 years, Treta-yuga lasts 864,000 years, and Kali-yuga lasts 432,000 years. In each successive *yuga*, the religiosity of people in general decreases by one fourth, until by the end of Kali-yuga it approaches zero. The Vedic process of self-realization appropriate for Satya-yuga is yogic meditation, in Dvarapa-yuga it is Vedic sacrifice, for Treta-yuga it is temple worship, and in Kali-yuga it is the congregational chanting of the Holy Names of the Lord. In each *yuga* the Lord incarnates, appearing in the material world to establish the authorized process of religion for the age.

The following table summarizes the four *yugas*:

Yuga	Quality	Length	Max. Human Lifespan	Process	Incarnation
Satya	Gold	3,456,000	100,000 years	Silent meditation	Lord Nara-Narayana
Dvarapa	Silver	1,728,000	10,000 years	Vedic sacrifice	Lord Rama
Treta	Copper	864,000	1,000 years	Temple worship	Lord Krsna
Kali	Iron	432,000	100 years	Chanting the Holy Names	Lord Caitanya

In the *Bhagavad-gita* we learn that the duration of one day on the Brahmaloaka planet is calculated to be 4,300,000 \* 1,000 solar years. Brahma lives for 100 of his years, so the total duration of the universe is 4,300,000,000 \* 360 \* 100 = 154,800,000,000,000 earth years.

According to Vedic history, we are now just past the middle of the lifetime of the universe and about 5,000 years into Kali-yuga. On Brahmaloaka it is now approximately ten minutes past noon on Lord Brahma's 50<sup>th</sup> birthday. During Brahma's night, the manifested creation is dissolved, and it is restored at the beginning of his day. Scientists speculate that the "big bang" happened a few billion years ago, so that correlates with the dawn of Brahma's day on the Vedic timescale.

This description summarizes a field of knowledge called Brahma-vidya, or the history of the universe from the perspective of Lord Brahma, the first created being and greatest Master of Vedic knowledge in the universe. We will explore Vedic cosmology in detail in the upcoming Esoteric Teaching teacher training class.

### ***The Vedic Empire***

Fast forward to the end of the Treta-yuga, a little over 5,000 years ago. The Vedic Empire controlled the entire planet. The earth planet was then known as Bharata-varsa, and its capital was the great city Hastinapura, on the Yamuna River near the site of present-day Delhi. The *Vedas* clearly describe that the areas now known as China and the Orient, Russia, the Middle East, Africa, North and South America were part of that far-flung empire. At that time the *Vedas* were the standard system of knowledge for the entire planet, and Sanskrit was the universal language for all learned people.

The Vedic Empire was not exactly a dictatorship, but a federation of local rulers under one Emperor, who held court at Hastinapur. Vedic culture is very open and tolerant of local religion, social customs and language. It was simply recognized by all intelligent people that a world government based on esoteric spiritual principles is the best arrangement for the peace and prosperity of the world's citizens. Government administrators had to be qualified as great warriors to defend the people against the criminally inclined, but they also had to be qualified in realization of the Esoteric Teaching and approved by the Vedic Masters.

The Vedic Empire was prosperous and opulent, with worldwide trade and decentralized light industry based on the natural production of minerals, food and other commodities. Poverty, homelessness and ignorance were unknown. Complete education according to one's tastes and abilities was available to everyone under government subsidy, and even the most humble household had fine clothing, jeweled decorations, and dishes and other utensils of pure gold. Only *yogis* and others who practiced renunciation of material enjoyment and a simple life of spiritual realization in the forest were without such opulence.

### ***Sophisticated spiritual technology***

The Vedic civilization was very sophisticated. It is not that advancement of scientific thought or powerful technology are recent developments. The Vedic culture had extensive spiritual knowledge, vast environmental and natural resources, a high degree of ethics and development of the arts. It also had space travel, communications at a distance, powerful smart weapons, intelligent computers and other high-technology systems. However, Vedic technology differs from current technology in that Vedic technology is based on spiritual power, not material arrangements.

The Vedic technology was a gift from the demigods of the heavenly planets to the citizens of the earth planet during their rule. It was a mystic technology operated by special *mantras* taught to people according to their degree of spiritual attainment. The higher degree of spiritual realization one possessed, the more powerful the *mantras* they were allowed to use. Since the Vedic technology operated according to the subtle material mystic power of the demigods, people in general were not encouraged to seek mystic powers for themselves, but to concentrate on developing purity of heart and genuine spiritual realizations.

Vedic warriors and kings were highly spiritually qualified and ruled with the benefit of the citizens foremost in mind. The Vedic Emperor was the most powerful warrior because, being the most spiritually advanced king, he had access to the most powerful mystic weapons. The subtle Vedic weapons technology described in the *dhanur-veda*, *Mahabharata* and other Vedic works allowed a single adept to defeat thousands of ordinary fighters. It also helped the Vedic Emperor maintain order and control over the remote areas of the world from his court in Hastinapur.

### ***Vedic civilization based on spiritual realization***

The entire Vedic civilization is based on spiritual realization—self-realization or realization of the Esoteric Teaching. No one could attain a high position in Vedic society without the appropriate spiritual qualifications, even if they possessed the requisite material abilities. Thus purity of heart and high spiritual character were valued over all other personal characteristics in Vedic society.

Spiritual training began at an early age, and vocational education was based on astrological analysis and thorough testing of the student's aptitude for a particular type of work. Thus, a person's designation in Vedic society was not based on birth or economic status, but on a detailed and fair assessment of their character, interests and abilities.



The government maintained temples in every neighborhood where the local people could worship God according to their particular customs and beliefs. No one was forced to adopt a particular religion, but all were expected to make steady progress in spiritual realization under the guidance of a qualified spiritual Master Teacher. There was little crime, since departure from the principles of truthfulness and nonviolence was considered most shameful, and could result in social ostracism. When necessary, justice and punishment were handled by local administrators under the guidance of spiritual authorities, taking into account the character and spiritual history of the accused, and was fair and swift.

### ***Good aliens vs. evil aliens***

Now let's go back to the beginning of time. In the beginning of the universe, Lord Brahma created a race of godly beings called Prajapatis or progenitors, who further created many generations of progeny of various species to populate the universe. Most of the children of the Prajapatis were godly and followed the path of the Esoteric Teaching, but some were demonic and refused to accept the principles of spiritual life or the supremacy of Lord Visnu. As a result, the demigods were given the heavenly planets as a residence and earthly planets to rule, but the demonic races were given dominion over the hellish planets.

The demons were deeply resentful of this, as being full of pride, they desired the opulent planets and other property of the demigods for themselves. Therefore the demons declared war on the demigods, and the ancient history of the universe is full of hair-raising descriptions of combat between the demigods and demons, some of whom had highly developed mystic powers. The earthly planets, being situated in between the heavenly and hellish worlds, were often the site—and the prize—of these battles.

Many wars have been fought between the demigods and demons in the history of the universe. Many times, our earth planet has fallen into the hands of the demons, who stopped all religious rites and spiritual practices, and plundered its rich resources for themselves without regard for the well-being of the inhabitants—us.

### ***Demons infiltrate earth planet***

Now let's fast-forward to the end of the previous Treta-yuga. Seeing that the beginning of Kali-yuga was approaching, the demons saw an opportunity to capture the earth planet from the demigods. So they gradually and stealthily infiltrated the royal families of the Vedic Empire. Taking birth as princes and princesses of the kings of the earth, they gradually usurped power and began to covertly develop great armies, preparing a revolt against the central government of Hastinapur.

Finally the demons infiltrated the family of the Emperor himself by becoming the 100 sons of Dhrtarastra, a king who was disqualified from becoming the Emperor because he was blind from birth. Dhrtarastra, who was also spiritually blind, allowed his disappointment and envy to overcome his good intelligence, enabling the demons to take birth in the womb of his wife Gandhari. His demonic offspring led by the evil Duryodhana cheated King Yudhisthira, the rightful Emperor, of his throne and illegally assumed control of the Vedic Empire.

This situation was intolerable to the demigods, who went to Lord Visnu and requested Him to incarnate to correct the situation. Lord Visnu agreed to appear as Lord Krsna, the son of King Vasudeva, and instructed the demigods to appear as kings in the Yadu and Vrsni dynasties of western India to assist Him.

### ***Krsna prepares transition to Kali-yuga***

Although Krsna appeared at the request of the demigods to remove the threat of demonic occupation of the earth, as an incarnation of Visnu He also prepared the transition from Treta-yuga to Kali-yuga. Thus He arranged the entire situation so that He accomplished both purposes simultaneously. The story of Krsna's transcendental appearance and activities is told in the great Vedic epic *Mahabharata*, which predates both the Greek epics and the modern novel by thousands of years.

The situation climaxed in the great Battle of Kuruksetra, in which the forces of good King Yudhisthira, led by Krsna and Yudhisthira's brother Arjuna, defeated the demonic armies in an 18-day bloodbath. Yudhisthira was inaugurated as Emperor of the earth planet, and peace and piety were restored to the great Vedic Empire.

Nevertheless, in the Battle of Kuruksetra, not only the demonic kings but also the godly kings were wiped out. Of the millions of fighters who took part in the battle, the only survivors were Emperor Yudhisthira and his four brothers headed by Arjuna, Lord Krsna and His army of incarnated demigods, the Yadu Dynasty. Then when Krsna disappeared from this world, He took the Yadu Dynasty with Him. Emperor Yudhisthira and his brothers also disappeared out of intense devotional feelings of separation from Him. This means that about 5,000 years ago, all the good aliens incarnated as great kings qualified to lead the world according to spiritual principles left this planet, except for Yudhisthira's grandson King Pariksit.

Although the ranks of Vedic kings were obliterated by the Battle of Kuruksetra, at least the *brahmanas* remained as custodians of Vedic wisdom. Left to themselves, the *brahmanas* would have rebuilt the Vedic dynasties of qualified kings. But the demons infiltrated even the *brahmanas*, and due to their evil influence, a young *brahmana* boy cursed Emperor Pariksit to die. The curse of a qualified *brahmana* was very powerful in those days, and indeed the King died, leaving the world without protection from the invasion of the demonic forces.

One of the prime duties of the Vedic kings was to protect the *brahmana* community by maintaining and enforcing very high standards of brahminical education and practice. But with the departure of Emperor Pariksit, no one was qualified to assume this duty. Subsequently the entire *brahmana* community became infected by demonic influence, and fell down from their high realization of the Esoteric Teaching. Today the false title of *brahmana* is often passed on by birth in a certain family, regardless of actual spiritual qualification.

The demigods, seeing the corruption of the *brahmanas*, withdrew their gift of the Vedic technology. The *mantras* used to control the technology suddenly failed to work. It was a disaster for the Vedic Empire. Imagine if one day, the laws of nature changed so that all machines using electricity failed to work. The demigods, being very displeased at the corruption of the *brahmanas*, also withdrew their benedictions of peace, wisdom and

prosperity from the earth. Thus poverty, ignorance, useless wars, unauthorized religious teachings, deserts, and demonic population spread all over the earth. Kali-yuga had arrived.

### ***Vedic empire collapses***

Faced with the uncontrolled spread of evil influence over the earth, and the sudden failure of its advanced technology, the Vedic Empire gradually collapsed. Distant provinces such as North and South America were the first to declare their independence, then the British Isles, China and the Middle East broke off from the kings of Hastinapur, who were powerless to prevent the spread of this demonic mutiny.

The conquest of the Vedic Empire by demonic forces meant the takeover of earth by evil aliens from the hellish planets. Whereas during the Vedic Empire human society was guided by the authentic principles of religion, now it is managed by the cold principles of global economics and power politics. Where the earth was a bucolic agrarian paradise decorated with peaceful grazing cows, now there are heavy iron factories full of noisy machines spewing pollutants into the air, lakes and streams. Where people lived in peace and harmony for thousands of years, now they fight over the slightest differences of politics, race, creed and color. The world was turned from one great esoteric school leading the populace to heaven through spiritual realization, to a recruitment party for the minions of the hellish worlds. Welcome to Kali-yuga. "Pave paradise, put up a parking lot."

The demons did not attain victory right away. Even though they held political and economic power, the Vedic teachings of goodness, truthfulness and religious principles were deeply embedded in people's hearts, for these natural religious principles are the eternal qualities of the soul. There ensued a global Dark Age thousands of years long, where the powers of evil fought the good people of the earth for dominance of the planet. During this time the demons strove to erase all memory of the glories of the Vedic Empire from people's minds. Thus they implemented a policy of diversification of language, culture and religion designed to divide the people of the earth into mutually conflicting societies. Seditious teachings of nationalism, racism, economic class conflict and religious dogmatism replaced the universal religion of the Esoteric Teaching.

A disinformation program on a huge scale was launched to pervert the very memory of the great Vedic culture. The forces of evil and deception conspired to erase the very existence of the Vedic culture from people's minds. Consequently people have lost faith in religion and forgotten the real principles of spiritual life. The demons are afraid that if people have hope of finding the truth, or of attaining spiritual liberation, they will not so easily put up with being deceived and oppressed. Why else would the governments and universities of the world deny the wonderful teachings of the *Vedas*, and try to cover up the great Vedic civilization and culture? Why would they invent so many lies, and spread disinformation about the history of a culture whose own account of its history is already complete?

***Material civilization is deception***

The truth is that material civilization can never satisfy the soul. Instead of leading by inspiration and inspiring loyalty by truthfulness and conviction, materialistic leaders have to hide the truth and saturate the atmosphere with deception and disinformation. My spiritual Master Teacher wrote, “Human prosperity flourishes by natural gifts and not by gigantic industrial enterprises. The gigantic industrial enterprises are products of a godless civilization, and they cause the destruction of the noble aims of human life. The more we go on increasing such troublesome industries to squeeze out the vital energy of the human being, the more there will be unrest and dissatisfaction of the people in general, although a few only can live lavishly by exploitation. The natural law is that the human being may take advantage of the godly gifts of nature, and satisfactorily flourish on them without being captivated by the exploitative motive of lording it over material nature. The more we attempt to exploit material nature according to our whims of enjoyment, the more we shall become entrapped by the reaction of such exploitative attempts.” This precisely expresses the real cause of the problems of urban life today.

If you agree with the government and the mundane history professors that this Vedic version of history is a fairy tale, consider this: the story I just told you was first written down over 5,000 years ago, before any of it had actually happened. It is a summary of the Twelfth Canto of *Srimad-Bhagavatam*, one of the main Vedic works expressing the Esoteric Teaching. All of the predictions of the forthcoming events of the Kali-yuga due so far have come to pass. We will study these predictions in detail in the teacher-training class of the Esoteric Teaching.

The first principle of real religion is truthfulness. A spiritually advanced person always tells the full truth, even to an enemy, because he knows that there is justice in the universe, that goodness is ultimately victorious, and that evil is ultimately self-defeating. When you come here to hear about the Esoteric Teaching, we tell you the full story, warts and all. It may not be pretty, but the real truth seldom is. And if you want specific references and details, attend the ongoing class. You will not get such full disclosure elsewhere. The purveyors of other teachings will not tell you that their scriptures were edited beyond all recognition by a politically ambitious Roman emperor, that they have distorted the teachings and practices to sell in contemporary materialistic culture, or that they are withholding the source literature and deliberately not giving you the complete teaching. They will not teach you the Vedic principles of disciplic succession and error-correction, or the methods of duplicating the Esoteric Teaching. Judge any teaching by the result, not the hype. Any teaching is true to the original only if the practice—and the result—are the same as given in the source literature.

Evil people use deception as standard operating procedure. We all know that politicians, the government, big business, the media and the educational system lie. The fact is that in Kali-yuga these are all institutions of evil, subject to demonic influence. The Esoteric Teaching offers a way out of this society of deception, and an opportunity to hear the real Absolute Truth. When an honest and sincere person encounters wisdom that he has not understood before, he will want to learn, to understand. Deceptive people assume that everyone else is lying. An honest person can recognize the ring of truth.

ॐ NaMaae >aGaVtAe vaSaṁdāyaYa  
*oṃ namo bhagavate vāsudevāya*

## The Esoteric Teaching

Back in the beginning of the workshop, I gave you three reasons why your present knowledge of Yoga, Tantra or spirituality in general, is wrong. Do you remember what they are? To review, there are three main reasons:

1. You have insufficient knowledge.
2. Whatever knowledge you do possess is inaccurate.
3. It is the wrong quality of knowledge.

We have already covered in some detail how conditions in this material world at this time practically guarantee that whatever you knew about Eastern spirituality when you came in here today was limited, insufficient, distorted and inaccurate. Now I would like to talk about the quality of spiritual knowledge, and help you to understand the difference between ordinary knowledge and transcendental knowledge, material information and the Esoteric Teaching or knowledge of the Absolute Truth.

## The Hard Questions

Every intelligent person wonders about the great questions of life: What is the soul? Where do we come from? Why are we here? Why are we suffering? What is the purpose and meaning of life? Where do we go after this life? What is reality? What is God?

Is there an Ultimate Truth? A Final Answer to all questions? A magic formula to end all our suffering in life? A simple equation like  $E = mc^2$  that can actually solve our problems permanently and make us happy?

What if all knowledge—everything that is knowable—could be boiled down to a single, powerful formula? Anyone who knew this formula, and understood how to use it, could then access the knowledge required to solve any problem, no matter how difficult. There would be no need to learn anything else, because the formula would supply whatever knowledge one might need.

The great engine of human thought, now turbocharged by computers, is churning out information at an ever-increasing rate. But do we ever get to the end of this information? Is there any final answer? Or does our knowledge just keep on increasing without limit? Does all this so-called knowledge really do us any good? Are we really any closer to understanding life, or the soul? Do we understand why we are born, or why we have to die? Is there any hope of science finding a solution for the ultimate problem of death?

Science has made great strides in theory and technology, but has it produced anything resembling a unified field theory of life? We may have more tools and gadgets than people centuries ago, but are we any happier? Even if we think we know how the universe came into being, are we any closer to understanding why?

Could it be that a certain class of questions—the ones that actually affect the quality of our life—require a different quality of knowledge for their answers? And that simply collecting observations about the physical world, and systemizing them into theories, can never deliver that quality of knowledge?

Has all our scientific so-called progress brought us any closer to understanding the mystery of our own consciousness and feelings? And what about the timeless, universal human striving for freedom and transcendence? Have science and technology—or art, religion and philosophy, for that matter—really brought us any closer to understanding God, the purpose of the universe, or the mysteries of life, love, death, eternity and spirituality?

It's easy to deny the importance of such questions or dismiss them as impossible. It's easy to doubt the people who ask such questions and expect reasonable, practical, intelligent answers, and label them impracticable dreamers.

But just a minute: What if these ideas are true? What if there really is an answer to all questions, a solution to all problems? What if there really is a way out of the endless repetition of birth and death in the material world? What if there really is an Ultimate Truth Formula? Something so simple that anyone can learn it in five minutes, and provides satisfying answers to all the greatest questions, and practical solutions to the greatest problems of life?

It's natural to be skeptical when presented with such an outrageous, revolutionary concept. But this is the way of progress. Many intelligent people were doubtful when Einstein published his famous mass-energy equation,  $E = mc^2$ . Why? The formula was simple enough, but the ideas behind it contradicted their beliefs. But when later experiments—including the successful detonation of the atom bomb—proved that the formula works, everyone accepted the idea and adapted their beliefs accordingly.

Now every schoolchild can recite this formula, and knows that it's true and it works. But can they explain how it works and why it's true? Can you? The Einstein formula is authoritative because it is a high-level description of the structure of the physical universe. There is tremendous significance compressed into each term of this extremely powerful formula. But how many years of specialized study and training are required to perceive and actualize the potential for nuclear energy in this simple expression?

Similarly, if there is an Ultimate Truth Formula, and even if it is simple to learn and easy to use, it might be very, very difficult to understand exactly how and why it works. In fact, at first glance the theory might appear totally counterintuitive. Such a high-level description of ultimate truth would be even more powerful in application than Einstein's mass-energy equation. Its terms would contain even more significance. Therefore, what kind of intelligence would be required to understand how and why it works? Such a degree of intelligence would certainly have to be superhuman.

So what? Does everyone who drives a car need to understand how and why an internal-combustion engine works? Does everyone who flies in a jet plane have to understand how and why jet engines, or air traffic control radar work? No, you just pay your ticket, get in and go.

So, just for the sake of discussion, let's say we actually have the Ultimate Truth Formula, and can give it to you and show you how to use it in about five minutes. If you use it regularly according to the instructions, gradually over the course of several years, you will come to know everything you need to solve all the problems of life. Guaranteed.

The question is: Would you use it according to the instructions long enough to find out if it really works? Would you use it, even if you don't understand how it works? Would you use it, even if you don't understand the theory of how it works? Would you use it, even if you had to change your lifestyle or your eating habits to make it work better? Would you use it, even if the theory of operation contradicted your beliefs?

Remember how people reacted to Einstein's little formula. They didn't want to believe it. Their beliefs didn't stop the atomic bomb from working, did they?

How much effort is it worth to you to solve all your problems? How much effort is it worth to you to stop your suffering? How much is it worth to you to be happy? How much is it worth to you to solve all the really big problems of life?

In this life, people work very hard to get a good education. Then they work very hard to make money, to get a nice wife or husband, to lose weight, to get a nice house or car or whatever else they really want.

What if applying the Ultimate Truth Formula requires much less work than any of these? Would you be willing to try it?

What if there is a state of consciousness in which the solution to all problems is self-evident? What if the method to attain that consciousness could be learned in a few minutes, and its theory of operation in a few days? Even if the application of the method took several years, would it be worthwhile to you to learn it? To use it?

Over thousands of years of human civilization, there have been many attempts to answer these important questions, some more satisfying than others. But what if there is a source of Absolute Truth about these spiritual questions: eternal Truth beyond mere human speculation? What if there really is a Final Answer, a complete and trustworthy source of information about these inconceivable things? An Ultimate Truth Formula from which all other knowledge can be derived? And what if that formula is available to you, here today in this room? Would you take advantage of the opportunity?

When you came here today, the first thing we gave you was the Ultimate Truth Formula. Remember? *Om namo bhagavate vasudevaya*. If you use it according to the directions, you will realize—not know, not understand but directly realize—all the transcendental knowledge we discussed today, and much, much more. All you have to do is use it according to the instructions I gave you, and it will work.

Is this simple formula really the Ultimate Absolute Truth? We—the Master Teachers and Initiates of the Esoteric Teaching—know that it is. Through deep study and realization of ancient spiritual traditions such as the *Vedas*, we have discovered a source of spiritual truth more ancient, accurate and complete than any other. The existence of writings such as the *Vedas* can only be explained by the pre-existence of a source of infinite knowledge, an intelligence much higher than human, whose knowledge can be transmitted to receptive souls through direct mystic illumination. This is the Ultimate Truth Formula: the Self-revelation of the Esoteric Teaching. I invite you to experience

this remarkable phenomenon for yourself by becoming an Initiate of the Esoteric Teaching.

### ***What is the Esoteric Teaching?***

The Esoteric Teaching is not something new. Indeed, it is most ancient. The Esoteric Teaching is simply a convenient name in contemporary language. The same subject has been expressed in different places and at different times in history under various esoteric terms: the *Vedas (sanatana-dharma)*, the Word (*Logos*), the Way (*Tao*), the Absolute Truth (*satyam param*), the Sacred River (*Ganga*), Heaven (*Svarga*), the Land of No Anxiety (*Vaikuntha*), the Forest of Devotion (*Vrndavana*), the Ocean of Nectar (*Bhakti-rasamrta-sindhu*), Illumination (*Nirvana*), Liberation (*Moksha*), the Life, the Path, the Gate, the Stairway to the Stars, the Kingdom of God, etc. Each of these expressions began as a name for an esoteric school of the complete Esoteric Teaching. But over time, the meaning of these coded expressions of the eternal Teaching were gradually altered by human meddling and incompetence, and lost their transcendental potency. Therefore we begin again in the present time to explain the timeless Esoteric Teaching in contemporary language.

In and of itself, the Esoteric Teaching has no name. It is not really a thing or a place in the ordinary sense, but a transcendental process of transforming consciousness. Technically or philosophically speaking, it does not exist, because it is beyond manifested time and space. The Esoteric Teaching exists only unto itself, outside of all dimensions and universes, yet connecting them all together, and giving them meaning and purpose. The Teaching is complete, Absolute, Self-revealing and Self-referential. Even though infinite space, time, energy and meaning emanate from it, it remains undiminished. It is accessible only to those esoteric students who have the determination to pass its tests, the integrity to win the secret Keys to its invisible Gates, and the humility to dedicate their lives to learning the arcane methods of its mysterious, all-powerful spiritual technology.

Yet, many otherwise intelligent people deny the existence of the Esoteric Teaching simply because it cannot be perceived with the material senses, measured with scientific instruments or mapped out on a piece of paper. This is their great and tragic misfortune. Recently, physicists have determined that at least ten spatial dimensions are required to model the quantum interactions of subatomic particles. Just because we cannot see or directly measure these dimensions does not mean that we deny the conclusions of modern physics. Similarly, just because we cannot see or measure the Esoteric Teaching, there is no reason to deny its existence, because it exists in a different dimension from our physical universe.

In our universe there are three dimensions of space: length, width and height. There are also three dimensions of time: past, present and future. Beyond the boundary of time lies eternity, which according to the Esoteric Teaching also consists of three dimensions: internal, marginal and external. Beyond eternity is the Esoteric Teaching. Consequently, the Esoteric Teaching can never be perceived or measured by physical means; nevertheless, it is accessible from anywhere by the esoteric student who possesses the secret Keys to its higher-dimensional Gates. The purpose of this Teaching is to empower the student to understand and use the mystic Keys to pass through the mystical gates of



the Esoteric Teaching, and satisfy their hearts' deepest desire by drinking their fill at the eternal, inexhaustible fountain of Absolute Truth.

Because ordinary words or symbols cannot actually contain or describe the Esoteric Teaching, it is easier to describe what the Esoteric Teaching is not. The Esoteric Teaching is not ordinary truth. It is fundamentally different from ordinary truth. Ordinary relative truth is true only for a limited time, person or set of circumstances. But the Esoteric Teaching is unconditionally true for all time, all beings and all circumstances. The Esoteric Teaching has been true for all eternity, even before the creation of this material universe, and it will remain true for all eternity after this material universe has passed away. This Esoteric Teaching is a unique class of truth: Absolute Truth.

The Esoteric Teaching is not in the self-serving speculations of professional philosophers and theologians. It is not in the screaming news headlines or the lurid fabrications of the tabloids. It is not in the conceited inventions of academic scholars and scientists, nor in the pompous pronouncements of professional politicians and priests. It is not available from the commercialized schools of bogus Yoga or the phony Tantra swingers' clubs. The Esoteric Teaching is not accessible to the proud, the learned sophists, the lusty, or those attached to money, power and possessions. It hides from those seeking reputation, fame and prestige. Absolute Truth is modest and shy. It flees from passion, pretentiousness, ambition and desire. The Esoteric Teaching cannot be known by the senses, or mind polluted by material desire.

Only purified intelligence, without any tinge of material desire, can even begin to approach Absolute Truth. And only the pure soul in the ecstasy of Divine Love of God can fully realize Absolute Truth and experience the Esoteric Teaching. This most esoteric teaching is the core of mysticism and the gateway to spiritual liberation. The experience of the Esoteric Teaching is eternal: it has no beginning or end, for it is the experience of the eternal ecstatic relationship between the soul and God. This experience takes place, not in the limited linear sequential time dimension of this relative material universe, but in the transcendental domain of eternity.

Realizing the Esoteric Teaching means the direct personal experience of Absolute Truth, the essence of all that is. Only one who has perfectly realized the transcendental nature of the soul and God, and has tasted the ecstasy of Divine Love can realize the Esoteric Teaching. For the Esoteric Teaching is not a thing, nor is it information, but a state of being and an experience of the pure soul beyond the bodily senses and mind.

The Esoteric Teaching exists outside the world of phenomena. This manifested world is limited, temporary, conditional and changeable. The Esoteric Teaching is neither temporary nor changeable, but is unlimited, unconditional, eternal and unchanging. Words and ideas also cannot contain the Esoteric Teaching because they are symbols. Symbols are mere abstractions—shadows of the actual truth—and the Esoteric Teaching is ultimate, absolute reality and truth.

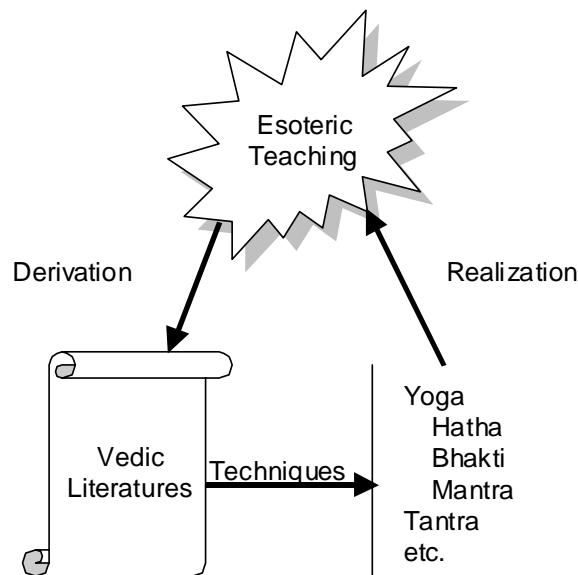
If neither the finite and unbounded phenomenal universe nor the bounded but infinite world of ideas and symbols can contain the Esoteric Teaching, where is there space enough to hold it? **Within the core of everyone's heart lives the soul—a spiritual particle of pure consciousness and being—and in the core of the soul lives the radiant Esoteric Teaching, eternal, unlimited and just. This Absolute Truth is the**

**source of all life and consciousness. If you are alive and aware, the eternal, unlimited dimension of the Esoteric Teaching is within you.**

The ultimate challenge of spiritual life is to find the transcendental gateway to this Absolute Truth, and realize the Esoteric Teaching within yourself. The spontaneous, internal Self-revelation of the Esoteric Teaching within the human heart is the essence of spiritual enlightenment. The spiritual realization of the Absolute Truth surpasses the golden nectar of bliss, and Esoteric Teaching is the source of all Divine Wisdom. One who knows this has come to the perfection of all knowledge, for this Truth is both the source and object of all spiritual wisdom and pathways to self-realization.

***The Esoteric Teaching is the root of all spiritual paths***

The *Vedas* are the context of all the Vedic arts and sciences, including Yoga and Tantra. Similarly, as the infinite wellspring of Absolute Truth, the Esoteric Teaching is the source, root knowledge and context of the *Vedas*. Therefore it is impossible to understand the *Vedas* completely and properly unless and until one has realized the Absolute Truth of the Esoteric Teaching. Similarly, it is impossible to perfect Vedic spiritual paths like Yoga and Tantra until one understands that these are simply external techniques to provoke our spiritual desires and help us realize the Esoteric Teaching.



The Esoteric Teaching is the meta-knowledge, or the ontological and epistemological context providing the ultimate meaning and purpose behind all philosophies, religions and spiritual paths. One who has realized the Absolute Truth of the Esoteric Teaching can derive all other knowledge from it. The Absolute Truth is one, but the approaches to it are many and various, including the wisdom of the *Vedas* and all other religions and spiritual paths. Nevertheless, to actually realize the complete Esoteric Teaching requires initiation into an authentic esoteric school by a Master Teacher—one who has realized the Esoteric Teaching. Therefore, to determine which of the many spiritual techniques is appropriate

for a given individual and situation requires great wisdom and complete realization of the Esoteric Teaching.

As a perfect expression of the Esoteric Teaching, the Vedic wisdom is Absolute Truth: valid for all beings, in all conditions, places and times. In other words, it is universally relevant and useful throughout all eternity. This is both an advantage and a difficulty. The universality of Vedic knowledge helps prove that it expresses Absolute Truth; on the other hand, it also makes ascertaining which instructions of the *Vedas* apply to our specific time, place and situation very challenging.

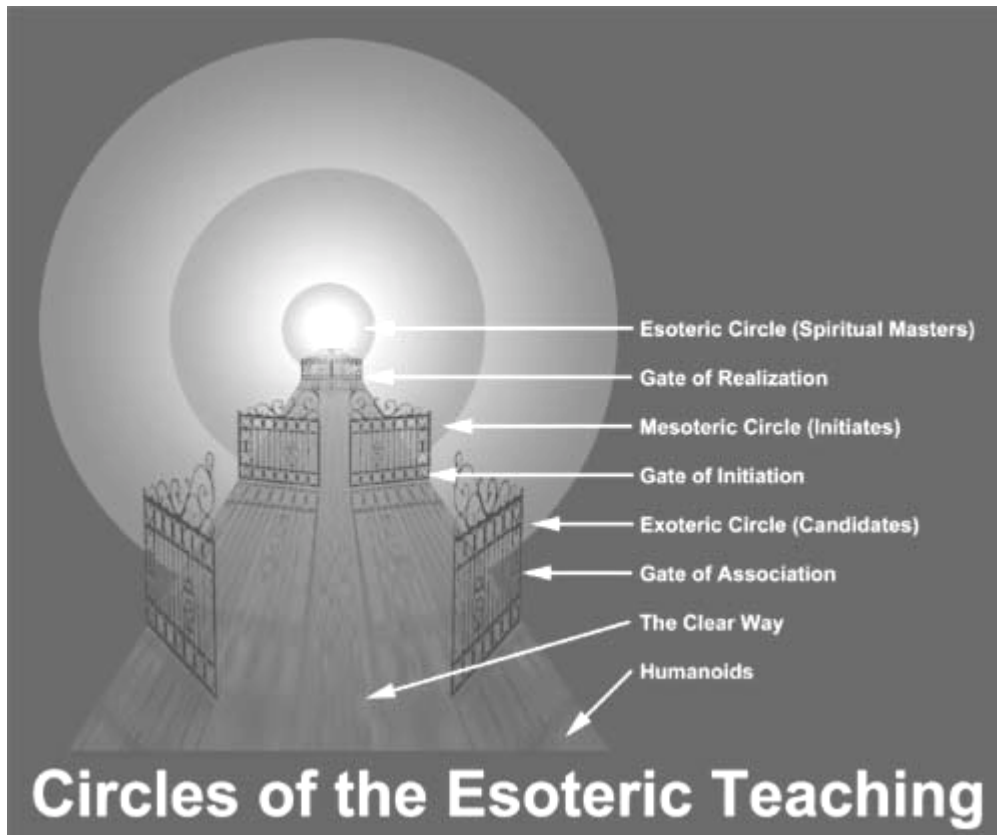
For example, according to the Vedic wisdom, there are four historical ages or *yugas*: Satya-yuga or the age of enlightenment, Dvarapa-yuga or the age of great kings, Treta-yuga or the age of ritualistic religion, and Kali-yuga or the dark age of ignorance and quarrel. These four *yugas* repeat cyclically for the entire duration of the material universe. In each successive *yuga*, the religiosity and spiritual realization of people in general decreases by one fourth, until it is restored at the beginning of the next cycle. Therefore, the process of self-realization appropriate for each *yuga* is different. It is useless to attempt a process suitable to another historical period, since without the proper conditions one cannot complete it successfully, and may in fact attain contradictory results.

Determining which Vedic instructions are appropriate for a particular time and person is an extremely delicate matter, but one which is absolutely necessary to derive the ultimate benefit from Vedic study. Given the vast complexity and extensiveness of the Vedic literature, this task is only for an expert in high-level knowledge of the *Vedas*. An empirical approach cannot possibly succeed, since by definition, one is dealing in the realm of transcendence beyond the purview of limited human intelligence.

Only a fully self-realized soul familiar with the confidential purpose and methods of the Vedic system of spiritual culture can have the slightest hope of making such a subtle judgment correctly. It is precisely here that the unauthorized misinterpreters of the *Vedas* make their most serious errors. Therefore to gain a realistic overview of the Vedic wisdom and assess the best route through its intricate paths, one must consult a spiritual Master Teacher who is properly situated in one of the four authorized Vedic disciplic lineages, and who has realized the Absolute Truth of the Esoteric Teaching. This is the only way to ascertain the true meaning and intent of the Vedic literature without becoming bewildered by its abstruse complexities. To successfully reach this point, the aspirant must ascend through the three Circles of the Esoteric Teaching.

### ***The Three Circles of the Esoteric Teaching***

The Esoteric Teaching is divided into three circles, regions or associations: the Exoteric Circle, the Mesoteric Circle and the Esoteric Circle. The Exoteric Circle is the association of Candidates, the Mesoteric Circle is the association of Initiates, and the Esoteric Circle is the association of Masters.



To move from the ordinary life of spiritually unconscious humanoids to the Exoteric Circle, from the Exoteric Circle to the Mesoteric Circle, and from the Mesoteric Circle to the Esoteric Circle, one must acquire the mystic Keys to open the secret Gates of the Esoteric Teaching. This is accomplished by hearing the Esoteric Teaching, or the Absolute Truth, directly or indirectly from a Master Teacher who has realized it. This is the inner structure and process of all authentic esoteric schools. The Esoteric Teaching is simply the contemporary manifestation of a long tradition of such schools.

The Exoteric Circle is the association of neophyte spiritual students, or Candidates. It is the exterior social organization of the esoteric school, and its interface with the rest of human society. One enters the Exoteric Circle from ordinary life by using the Key of Desire to enter the Gate of Association.

In practice, this is done by reading books, listening to special CDs or attending public classes or seminars presented by those who are already students of the Esoteric Teaching. The Candidates of the Exoteric Circle are most numerous compared to the other Circles, which are far more exclusive and difficult to attain. Anyone can attend the public meetings, classes and other events of the Exoteric Circle, simply by desiring to know the Truth. This workshop event is a typical function of the Exoteric Circle.

**One develops the desire and receives the faith to advance in spiritual life by association of Candidates.** And so the association of the Exoteric Circle begins the process of becoming an Initiate by entering the Mesoteric Circle through the Gate of Initiation, using the Key of Wisdom.

The Mesoteric Circle is an esoteric school composed of full-time disciples, or Initiates. These intermediate students in the esoteric school withdraw from material activities to dedicate their lives to learning the intricacies of the spiritual technology of the Esoteric Teaching. They are in touch with the Absolute Truth and have access to highly confidential material. When their knowledge matures, they may teach the beginning subjects of the Esoteric Teaching to others.

One enters the Mesoteric Circle from the Exoteric Circle by attaining the Key of Wisdom and entering the Gate of Initiation. This is done by:

Full participation in the work of the Esoteric Teaching as a student, helper or assistant teacher

Demonstration of exemplary character, enthusiasm and trustworthiness

Following the suggestions and instructions of the Master Teacher to his satisfaction

Making a lifelong personal commitment to the mission of the Esoteric Teaching

Acceptance of spiritual community life and service in close cooperation and association with the Master Teacher

The Initiates are comparatively few because they are a select group. Usually a Master Teacher accepts no more than twelve Initiates at any one time, to preserve the quality of instruction.

The Esoteric Circle is composed of the realized souls, or Masters, who have qualified themselves to receive the complete Self-revelation of the Absolute Truth. These are the graduate students in the esoteric school. They have already mastered the subjects needed for their own spiritual perfection, so they dedicate their lives to teaching and helping others. It is not easy to become a Master; mastery of the Esoteric Teaching has to be earned by direct personal revelation of the Absolute Truth. Mastery is the result of many lifetimes of difficult effort and arduous testing. Therefore Masters are the rarest of all human beings.

One enters the Esoteric Circle from the Mesoteric Circle by attaining the Key of Devotion and entering the Gate of Realization. This is earned by pleasing one's spiritual Master Teacher by rendering significant service to the mission of the Esoteric Teaching, which is to uplift suffering humanity by spreading spiritual technology and esoteric knowledge all over the world.

Mastery is the most advanced stage of spiritual life. Master Teachers of the Esoteric Teaching have attained complete spiritual freedom. They may, at their discretion, form new esoteric schools based upon the principles of the Esoteric Teaching. The title of Master Teacher is never awarded by the majority vote of a committee of fallible human beings, but is the natural result of attaining full spiritual realization. It is very difficult—if not impossible—for an ordinary person to understand the true stature of a Master. The Master Teacher extends the Esoteric Teaching into the material universe to make it accessible to ordinary humans. As Jesus stated, the Master is the Gate and the Way; no one comes to the Absolute Truth except through the mercy of a Master Teacher.

## Understanding the Esoteric Teaching

The Esoteric Teaching is eternal; yet, it is beyond eternity. It is timeless. It is the fundamental root of all existence, yet in itself does not exist in the same sense as physical objects. It is an illusion, yet it is the ultimate reality upon which all other realities are based. It is present everywhere and pervades everything, yet it cannot be seen or sensed. It is the abode of all possibilities, including the impossible. Ultimately it is a person; a person we call God. Actually, the Esoteric Teaching is the key to God's inner life. Can anything be more significant than the Esoteric Teaching?

From time to time (if that means anything in the present context) in the vast unfathomable abyss beyond eternity, an emanation from the Supreme Personality of Godhead takes place. This is the external dimension of eternity, and it is the first creation of the material universes. Inside the material universes, of course, none of this is knowable. There is only unmanifest darkness. Then the Esoteric Teaching extends into the universe, filling it with the manifestation of light, life and activity. This is the secondary creation.

Along with the secondary creation, complete transcendental knowledge—the Absolute Truth—is injected into the material universe for the benefit of its inhabitants. This knowledge is passed down to the beings of that universe by the subsequent Self-revelation of the Esoteric Teaching. The Absolute Truth issues from the Esoteric Teaching in the form of a person and manifests in the material world. This person is born among the inhabitants of a planet—apparently in the ordinary way—but his consciousness is saturated with Absolute Truth, therefore he can see and manipulate the Esoteric Teaching. When he attains maturity, he remembers his purpose and begins to teach. He then becomes a Master Teacher, and the Esoteric Teaching expands into the material world through his person. As far as we are concerned, the Master Teacher is the Esoteric Circle.

When a Master awakens and starts an esoteric school, he typically attracts a handful of direct disciples. These are the beginning of the Mesoteric Circle of that particular esoteric school. Finally the disciples begin to teach a larger congregation, and the Exoteric Circle is born. The school may remain small and insignificant, or it may grow into a worldwide spiritual organization. Please note that this process describes the creation of every bona-fide religion and spiritual teaching in the world. Therefore, every religion comes from and is originally connected to the Esoteric Teaching.

However, each esoteric school has a lifetime fixed by the laws of manifestation. Like people, they are born, attain maturity and ultimately die. The school may thrive for a few years or a few centuries, but it inevitably becomes diluted, weakened, diseased or corrupted. Its esoteric and mesoteric functions then cease, leaving only an exoteric shell that keeps going on its built-in momentum. It may appear externally to be functional, but the esoteric heart of the school is missing. It has become an empty, mechanical shell. This is the common fate of all religions and esoteric schools. Therefore one must be careful to search for an esoteric school that is still alive—whose esoteric functions remain active. One such living, active esoteric school is the Esoteric Teaching, as discussed in my book *Search for the Absolute Truth*. And you can participate in this school by attending the upcoming ongoing class.

## **The path of spiritual freedom**

The material universe is populated by humanoids, or beings who resemble humans but have degraded consciousness, unaware of spiritual reality. Their consciousness is concentrated only on the material dimensions of length, width and height. They may have some foggy awareness of time, but no scientific knowledge of it. When they leave their bodies in dreams or at death, they travel up the Way of the Esoteric Teaching to the Gate of Association. But because they do not have the Key of Desire, they cannot enter. They must come back again to birth, struggle, suffering and death in the material world until they get it. Outside the path of the Esoteric Teaching there is only materialistic ignorance and suffering.

If a humanoid is very fortunate, he encounters the Esoteric Teaching through a book, another medium or a personal invitation. The only qualification required to enter the Exoteric Circle is a sincere desire to know the Absolute Truth. Therefore we say that the Gate of Association is opened with the Key of Desire.

Anyone can read the publications or attend the meetings and seminars of the Exoteric Circle. This training by association will gradually inject scientific knowledge of consciousness and the three dimensions of time into the consciousness of the humanoid, who then has the chance to become a Candidate for spiritual Initiation, or a human being in the full sense of the term.

If a Candidate displays good progress in advancing spiritual knowledge and service, avoids the numerous pitfalls on the spiritual path and attains the Key of Wisdom, he may be invited by the Master to accept Initiation. Initiation, like marriage, is a lifetime commitment. But unlike marriage, there is no divorce court available. Therefore, one who is considering Initiation must be very careful to ascertain that he is serious before accepting it. And the Master thoroughly tests all Candidates before they may become Initiates.

An Initiate becomes a full-time student of the Master and joins the community of the esoteric school. He is exposed to the complete Absolute Truth, and learns about the three dimensions of eternity through the confidential scriptures of the Esoteric Teaching. He is also expected to develop a specialty in the transcendental technology of the Teaching, and to perform original research. He gets personal, individualized instruction from the Master Teacher and has access to highly confidential sources of spiritual information.

Initiation is best for younger people who are still flexible and can adapt to the demanding lifestyle of an esoteric disciple. Older people who are set in their ways are often better off remaining in the Exoteric Circle and developing their spiritual knowledge in that environment, where they will be more comfortable. After all, discipleship is a very difficult and demanding path. However, if one is determined to become a Master Teacher, it is the only way.

It is not unusual for a student to remain a Candidate for 10 years or more; similarly, it is not unusual for one to remain an Initiate for 25 years or more before becoming a Master Teacher. Many Initiates have to take birth again before becoming a Master. It is far better to err on the side of caution, than to prematurely take on the responsibility for others'

spiritual advancement. It is best if one waits until there is no other alternative before accepting the duties of a Master Teacher.

However, the overall aim of the entire organization of any school of the Esoteric Teaching is to create such Masters of spiritual wisdom. And there are ways to accelerate the process. Only the Master Teacher can know the entire technology of the Esoteric Teaching, for it is his duty to guide the students to their ultimate destinations. What does this mean?

By using the mystic Keys of the Esoteric Teaching, one can transfer his consciousness to any planet or dimension, either temporarily or permanently. In this way one can explore the different dimensions of the material and spiritual universes. Finally, once a Master has determined his preference, at the time of death he can transfer his primary embodiment through the Gates of the Esoteric Teaching to an eternal existence on the spiritual planet or dimension of his choice. This is the end of all suffering, and it is the ultimate aim of the spiritual technology of the Esoteric Teaching, as well as all spiritual paths based on it, such as Yoga and Tantra.

### ***Order of the Esoteric Teaching***

Those who are sincerely interested in pursuing higher knowledge of the Esoteric Teaching are invited to attend the ongoing class and apply for Initiation into the Order of the Esoteric Teaching.

The Esoteric Teaching is the ancient lineage of spiritual Absolute Truth that descends from the spiritual world to benefit the souls of this material world with spiritual knowledge and liberation. It is also an international Order and community of World Teachers, Master Teachers, Initiates, Candidates and associates. The members of the Order consider themselves most blessed and fortunate to be the stewards of the ancient Esoteric Teaching, the original source of all the world's spiritual paths and an unlimited reservoir of spiritual knowledge.

Our work is very confidential and very important to the welfare of the entire planet. Some of the members of our Order are well known in public life, although their membership in the Order is kept confidential. Due to recent critical developments in the world situation, there is an open requirement for qualified spiritual Master Teachers. Therefore, the Gate of Association is now open to associates such as yourself. The opportunity is open to become a Candidate to receive Initiation, provided, of course, that you possess or develop the proper qualifications.



If you are accepted as a Candidate and successfully complete your training, you will receive initiation into the Order of the Esoteric Teaching. As an Initiate of the Order you will receive many privileges and benefits:

World-class, graduate-level training and mentoring in spirituality, meditation, yoga, and all other aspects of self-realization and spiritual life

A secure lifetime career in your chosen specialty within the broad field of the Esoteric Teaching

Travel opportunities to almost any part of the world

Access to an international network of thousands of Temples, Ashrams, Schools and the limitless resources of the Order

Access to the confidential Scriptures and ancient historical records of the Esoteric Teaching

The cessation of all material miseries through practice of the complete methods of Yoga and Tantra

The precious opportunity to benefit others with the same potent knowledge you receive in your training in the Esoteric Teaching

The peace of mind and heart that comes from complete security, freedom and right livelihood

And too much more to go over here

### **Introduction to the Esoteric Teaching**

You can qualify for initiation into the Order of the Esoteric Teaching by completing **Introduction to the Esoteric Teaching**, the ongoing follow-up class to this workshop. **Introduction to the Esoteric Teaching** provides you with:

The priceless and unique opportunity to learn and practice the Esoteric Teaching in an intimate class setting

20 weekly classes – six months of spiritual training with David Bruce Hughes, a Master Teacher of the Esoteric Teaching

Your personal Vedic horoscope (a \$200 value), regular spiritual counseling & association with a local community of sincere seekers of the Absolute Truth

Qualification for Initiation into the Order of the Esoteric Teaching

**Introduction to the Esoteric Teaching** has only a limited number of class spaces available. It is not available to the public. Admission is offered exclusively to those who have attended one or more Introductory Workshop.

**Class Topics**

Overview of the Esoteric Teaching

*Sainya-darçana*

*Sâi khya-yoga*

*Karma-yoga*

*Ji'âna-yoga*

*Karma-sannyâsa-yoga*

*Dhyâna-yoga*

*Viji'âna-yoga*

*Târaka-brahma-yoga*

*Râja-guhya-yoga*

*Bhagavan-vibhûti-yoga*

*Viçvarûpa-darçana-yoga*

*Bhakti-yoga*

*Prakâti-puruña-vibhâga-yoga*

*Guëa-traya-vibhâga-yoga*

*Puruñottama-yoga*

*Daivâsura-sampada-yoga*

*Çraddhâ-traya-vibhâga-yoga*

*Mokña-yoga*

How many of these Yoga methods have you heard of before? Is there something to learn here? Remember, when a sincere person encounters an unfamiliar truth, he desires to hear more, to embrace it and learn what it has to offer. This is the attitude of a Candidate for Initiation in the Esoteric Teaching.

Initiates will be selected from **Introduction to the Esoteric Teaching** class graduates. Initiates will be eligible for a one-year teacher training course in a residential Ashram setting, and will receive advanced initiations and instruction in confidential materials of the Esoteric Teaching.

### The Key to the Gate of Initiation

Becoming an Initiate is not for everyone. It requires dedication, discipline and a lifetime commitment to the Order of the Esoteric Teaching. To qualify for initiation into the Order of the Esoteric Teaching, you must meet certain spiritual requirements. It is the responsibility of Candidates for Initiation to know, understand and apply these requirements in their lives. All the requirements are contained in the **Key of Wisdom**, the mystic key to the **Gate of Initiation**. Let us recite the **Key of Wisdom** together:

*The Blessed Lord said: "Truthfulness, fearlessness, purification of one's existence, cultivation of spiritual knowledge, charity, self-control, performance of sacrifice, study of the Scriptures, austerity and simplicity; nonviolence, freedom from anger; renunciation, tranquility, aversion to faultfinding, compassion and freedom from covetousness; gentleness, modesty and steady determination; vigor, forgiveness, fortitude, cleanliness, freedom from envy and the passion for honor—these transcendental qualities belong to Godly persons endowed with the Divine nature. Humility, pridelessness, nonviolence, tolerance, simplicity, approaching a bona fide spiritual Master Teacher, cleanliness, steadiness and self-control; renunciation of the objects of sense gratification, absence of false ego, the perception of the evil of birth, death, old age and disease; nonattachment to spouse, children, home and the rest, and even-mindedness amid pleasant and unpleasant events; constant and unalloyed devotion to Me, resorting to solitary places, detachment from the general mass of people; accepting the importance of self-realization, and philosophical search for the Absolute Truth—all these I thus declare to be knowledge, and what is contrary to these is ignorance."*

## **Conclusion**

A long time ago, I decided what I wanted to do with my life. I wanted to know the highest Truth, and I wanted to have a direct personal relationship with God. I had strong faith; I worked very hard, overcame all the obstacles and climbed to the top of the mountain. I was very fortunate and had a lot of good help and guidance. I am very thankful for everything I have been privileged to attain and realize in this short life. And now I have just one more thing to do before I can rest content.

You have been wandering alone, sleepwalking in the matrix of material existence now, for many millennia. Sometimes you have dreamed of enjoyment, and sometimes of suffering. Sometimes in your dream you have been rich, and sometimes broke. Sometimes free, and sometimes enslaved. Everything you have seen, everything you have bought and sold in this marketplace of material life is transitory, illusory, an imitation made of straw. This dream has not satisfied your soul; that's why you're here today.

I have literally returned from the mountain where I received the Esoteric Teaching, to meet you in your dream in the matrix, and offer to share with you everything that I have learned and attained. I offer you something real, substantial, satisfying. This I promise you: this path leads out of the dream matrix to the highest and best that there is in life, and what you attain will be the eternal, imperishable Absolute Truth.

Now it is time to decide. The Esoteric Teaching is not an easy path, and it is not for everyone. Is it for you? Do you want to remain in your dream or to awaken? Take the blue pill and you go back to sleep, and everything remains the same. Take the red pill and you awaken and see the truth, but then—you can never again go back to your sleep and dreams.

Think now while you have all the facts fresh in your mind, and fix your determination. This door will not remain open for long. For most people, the opportunity to join a real esoteric school may come once in a lifetime, if it comes at all. If you miss this chance, there may never be another.

Come with me, within the within, beyond the beyond. Come with me to a place where there is truth, fearlessness, certainty and clarity, and an eternal festival of happiness for the mind and senses. Where there's full understanding and full compassion. Where there's no blame, there's no shame, there is only love. For this is the Truth: all else is illusion: there is only love.

ॐ NaMaae >aGavTae vaSaṁdēvaYa  
*oṁ namo bhagavate vāsudevāya*

This concludes the **Introduction to the Esoteric Teaching**.